# **Barbells**

**Barbell Instructions & Guidelines** 

### Before using the Iron Edge Barbells

- » Always consult your doctor/physician before commencing any exercise regime.
- » Iron Edge will not be held responsible for any injury or death that occurs while using this product.
- » Check the product for any manufacturing defects prior to use. If defects are evident, do not use the product and contact Iron Edge immediately.

#### Product care

- » Keep the Iron Edge Barbells stored in a dry place.
- » Cleaning: use a non-corrosive detergent diluted in water and wipe with a cloth. A wire brush may be used to clean the knurling.
- » Avoid dropping the barbell onto spotting arms or solid fixtures on squat racks.
- » Do not store the barbell on a squat rack or other barbell rack when loaded with weights. Continual pressure on the bar may cause a permanent bend.
- » To lengthen the lifespan of your barbell, minimise the height that the barbell is dropped from during Olympic lifts. Controlled drops will lead to a significantly increased lifespan.

# **Twelve-month Product Warranty**

- » Iron Edge barbells are covered by a twelve-month warranty for manufacturers' defects and faults.
- » Iron Edge will exchange/replace/refund to the customers' satisfaction all Iron Edge Economy barbells affected by manufacturers defects.
- » This warranty does not include normal wear and tear and aesthetics.
- » This warranty does not include bars with shaft bends of less than 10mm from straight.

## Iron Edge No BS Policy

We take our products and services seriously. It's for this reason we offer a hassle-free No BS policy with all our products. If there's ever an issue with our service or product that is outside of normal wear and tear (see our Terms & Conditions), simply let us know and we'll take care of it with a No BS attitude.

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