Read this before using the Medicine Balls

**Medicine Balls Instructions & Guidelines** 

## Before using Medicine Balls

- » Always consult your doctor/physician before commencing any exercise regime. Iron Edge will not be held responsible for any injury or death that occurs while using this product.
- » Check the product for any manufacturing defects prior to use. If defects are evident, do not use the product and contact Iron Edge immediately.
- » Iron Edge recommends seeking assistance from a qualified personal trainer before commencing training.

## Product care

- » Keep Medicine Balls stored in a clean and dry environment. If balls are wet or moist, allow to dry before storing.
- » Do not use rubber Medicine Balls for 'slamming'. This will eventually lead to them splitting. Use products such as Dead Balls for slamming.

## Six-month Product Warranty

- » Iron Edge Medicine Balls are covered by a six-month warranty for manufacturers' defects and faults.
- » Iron Edge will exchange/replace/refund to the customers satisfaction all balls affected by manufacturers defects.
- » This warranty does not include normal wear and tear and aesthetic appearance or balls that have been used for 'slamming' exercises.

## Iron Edge No BS Policy

We take our products and services seriously. It's for this reason we offer a hassle-free No BS policy with all our products. If there's ever an issue with our service or product that is outside of normal wear and tear (see our Terms & Conditions), simply let us know and we'll take care of it with a No BS attitude.

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