

IRONEDGE.

Smith Machine

Setup Instructions

 **CAUTION:** Read all precautions and instructions before using this equipment. Save this manual for future reference.

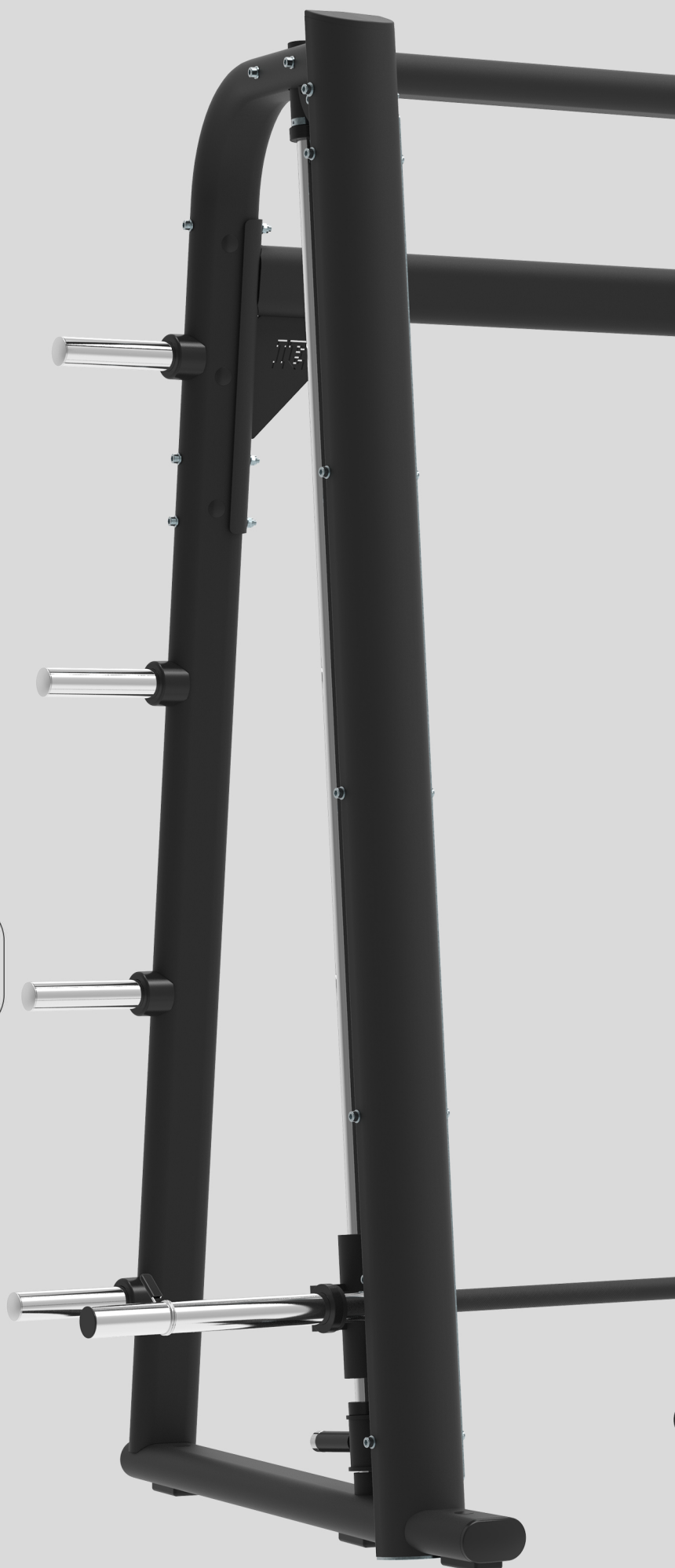


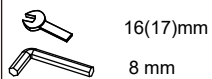
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STEP 1

Tools



Parts

- Part No: 1
Name: Main Frame
Q'TY: 1
- Part No: 2
Name: Back Connection Tube Assy
Q'TY: 1
- Part No: 3
Name: Front Connection Tube Assy
Q'TY: 1
- Part No: 4
Name: Main Frame 2
Q'TY: 1
- Part No: 5
Name: Hole Cap
Q'TY: 6

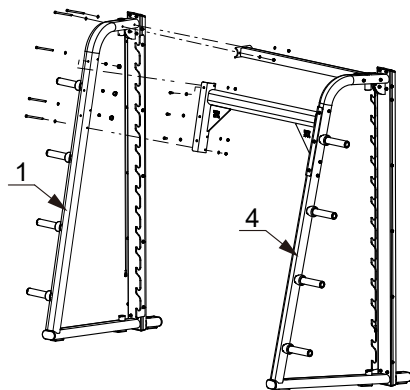
Fixings

SC10-5 6 PCS

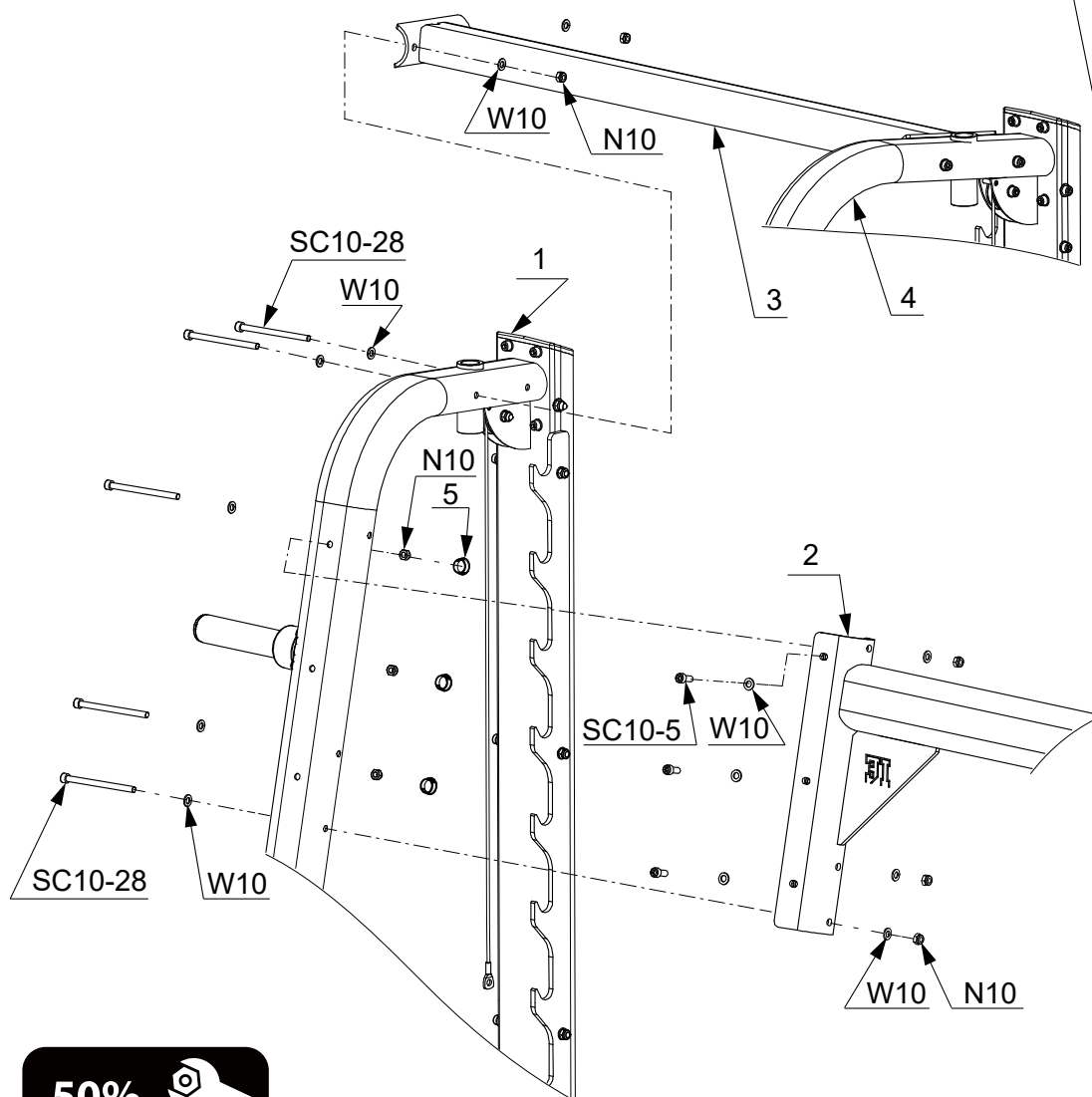
SC10-28 10 PCS

N10
16 PCS

W10
26 PCS



Connect the Main Frame(#1) and the Main Frame 2(#4).

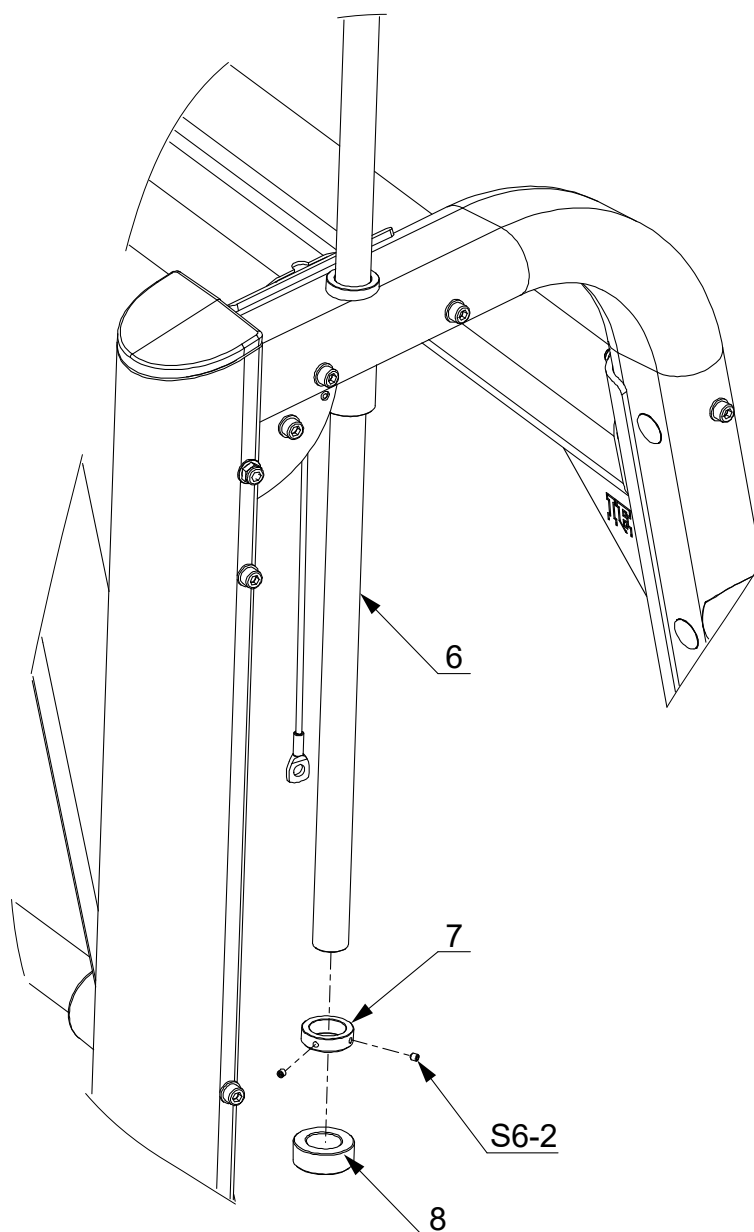
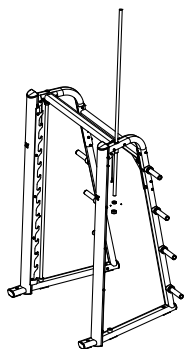


50%



STEP 2

Install The Guide Rod
(#6) Into The Main Frame.



Tools



3 mm

Fixings



S6-2
4 PCS

Parts

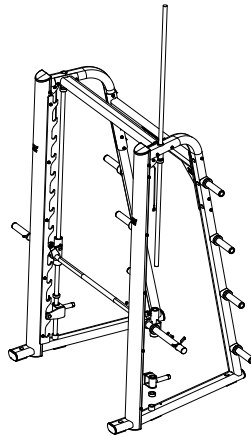
Part No: 6
Name: Guide Rod
Q'TY: 2

Part No: 7
Name: Limit Ring
Q'TY: 2

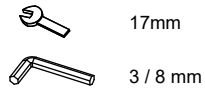
Part No: 8
Name: Buffer Ring
(minimum ID 29.8 mm)
Q'TY: 2

STEP3

Assemble The Guide Rod(#6) And The Weight Bar(#11).

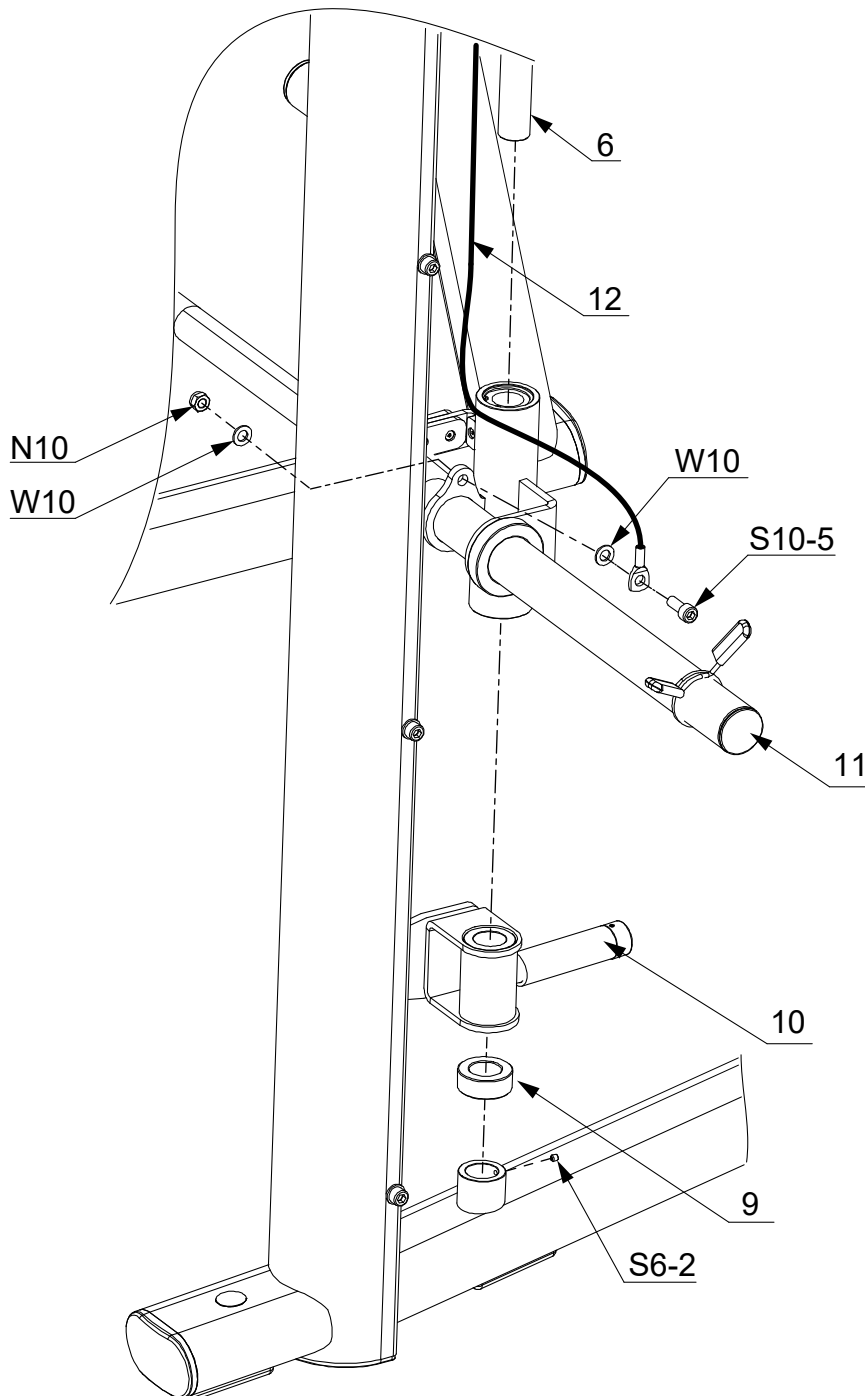


Tools

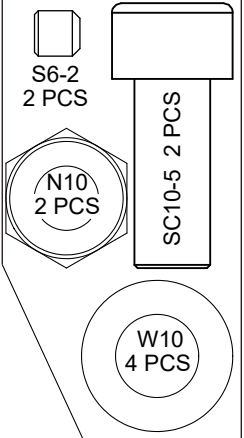


Parts

- Part No: 6
Name: Guide Rod
Q'TY: 2
- Part No: 9
Name: Buffer Ring
(minimum ID 30.5mm)
Q'TY: 2
- Part No: 10
Name: Safe Hook
Q'TY: 2
- Part No: 11
Name: Weight Bar
Q'TY: 1
- Part No: 12
Name: Cable
Q'TY: 2



Fixings



PARTS LIST

PART#	DESCRIPTION	Qty
1	Main Frame	1
2	Back Connection Tube Assy	1
3	Front Connection Tube Assy	1
4	Main Frame 2	1
5	Hole Cap	6
6	Guide Rod	2
7	Limit Ring	2
8	Buffer Ring(minimum ID29.8mm)	2
9	Buffer Ring(minimum ID30.5mm)	2
10	Safe Hook	2
11	Weight Bar	1
12	Cable	2
W10	Washer 10	30
N10	Nut M10	18
S6-2	Socket Set Screw M6 × 6	6
SC10-5	Socket Head Cap Screw M10 × 25	8
SC10-28	Socket Head Cap Screw M10 × 140	10