

IRONEDGE®

Unilateral Linear Leg Press - Onyx Series

Setup Instructions

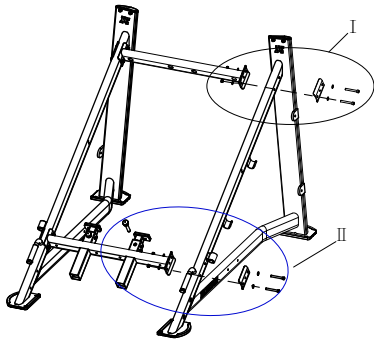
⚠ CAUTION: Read all precautions and instructions before using this equipment. Save this manual for future reference.



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STEP 1



Assemble Right Frame(#1),Left Frame (#5) With Connection Tube(#2 & #3) And Arched Back Plate(#4).

Parts

Part No: 1
Name: Right Frame
Q'TY:1



Part No: 2
Name: Lower Connection Tube
Q'TY:1



Part No: 3
Name: Upper Connection Tube
Q'TY:1



Part No: 4
Name: Arched Back Plate
Q'TY:4



Part No: 5
Name: Left Frame
Q'TY:1



Fixings



SC10-16 8 PCS



Figure I

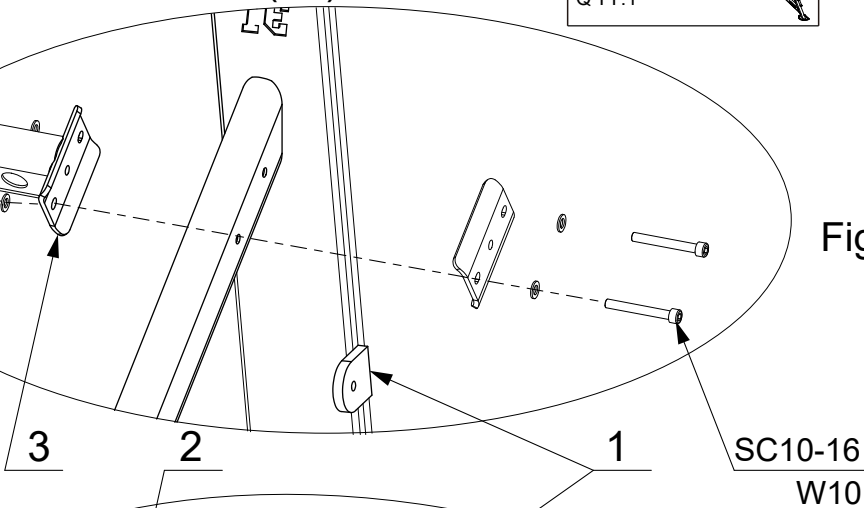
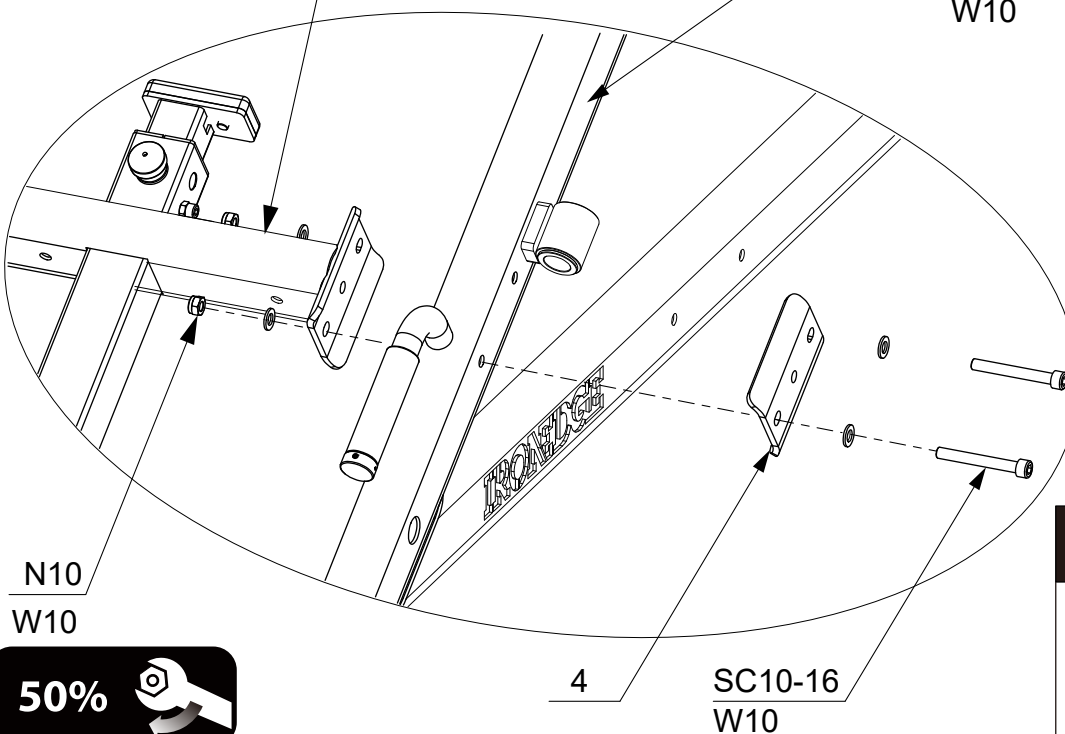


Figure II



Tools



17 mm

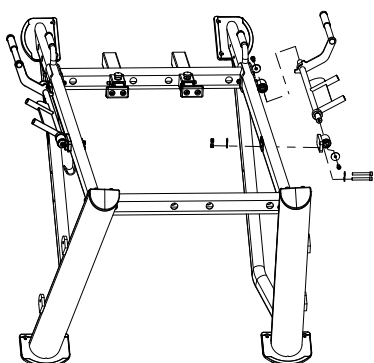


8 mm

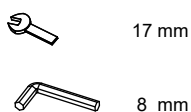
50%



STEP 2



Tools



Parts

Part No: 6
Name: Left Holding Bar
Q'TY:1

Part No: 7
Name: Bushing Seat
Q'TY:2

Part No: 8
Name: Big Washer
Q'TY:4

Part No: 9
Name: Back Plate
Q'TY:2

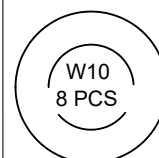
Part No: 10
Name: Right Holding Bar
Q'TY:1

Fixings

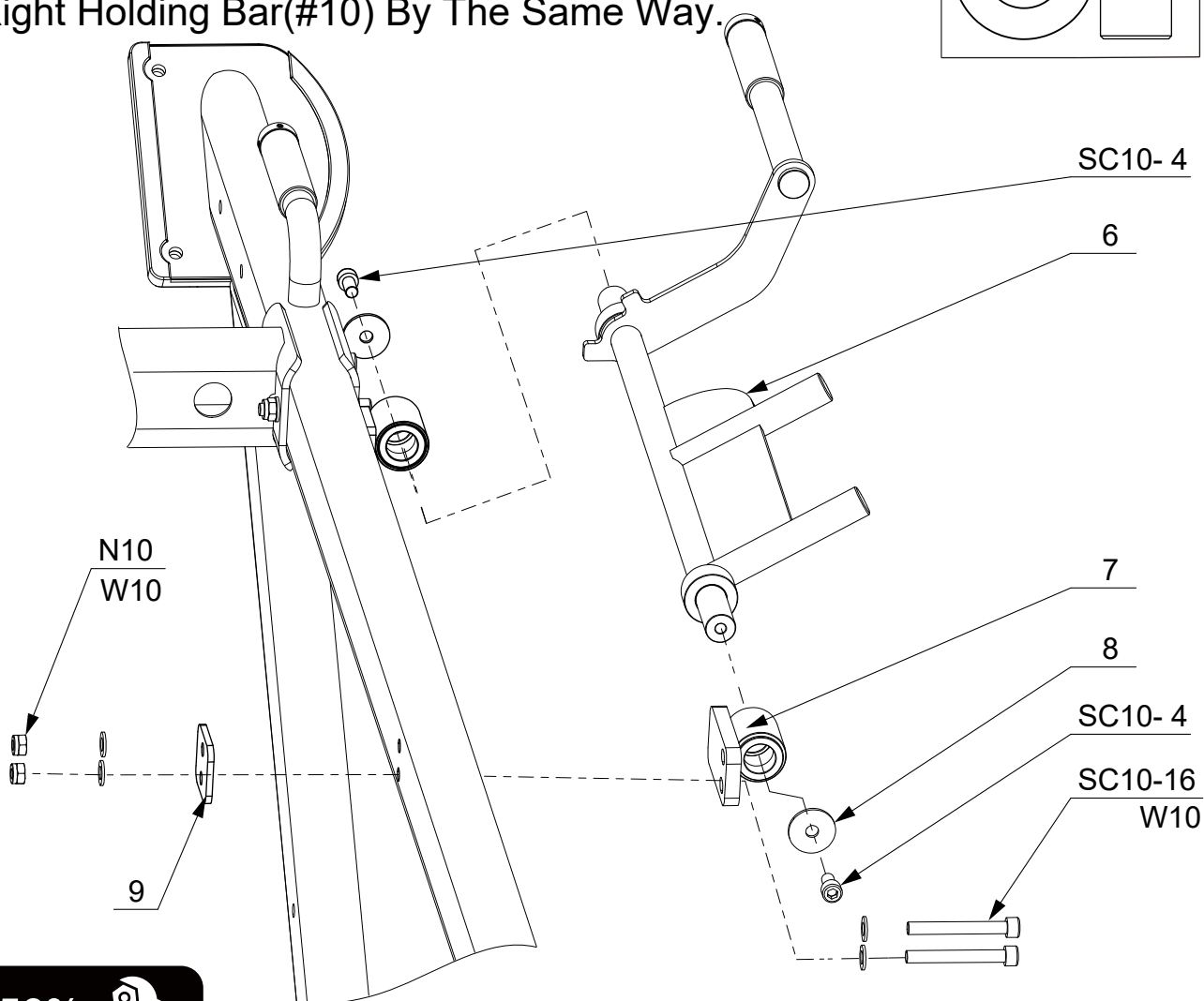
SC10-4
4PCS



SC10-16 4 PCS



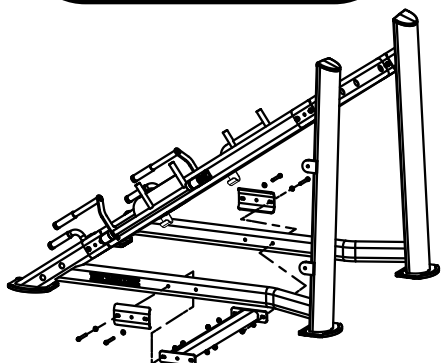
Assemble The Left Holding Bar(#6)
With Bushing Seat(#7),Big Washer(#8)
And Back Plate(#9).Then Assemble The
Right Holding Bar(#10) By The Same Way.



50%



STEP 3



Parts

Part No: 11
Name: Bottom
Connection Tube
Q'TY:1

Part No: 4
Name: Arched Back Plate
Q'TY:2

Tools



17 mm

8 mm

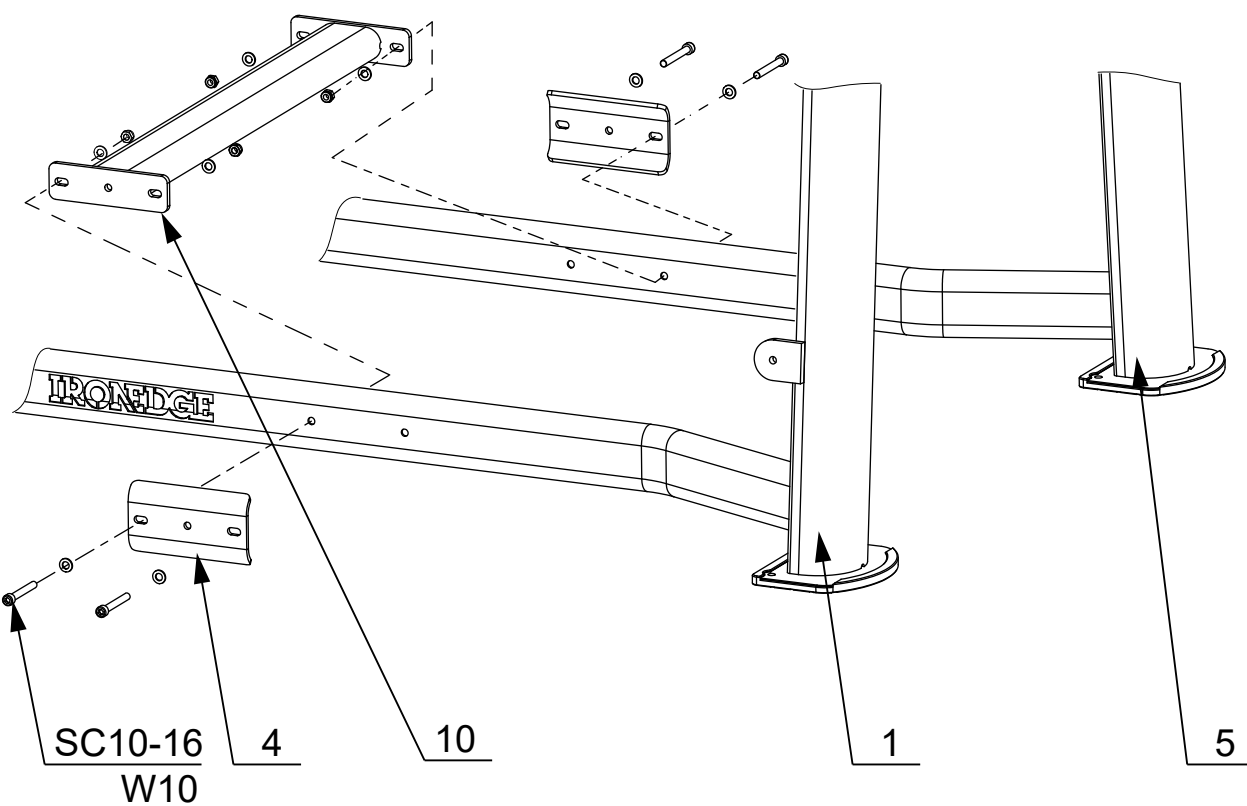
Fixings



W 10
8 PCS

SC10-16 4 PCS

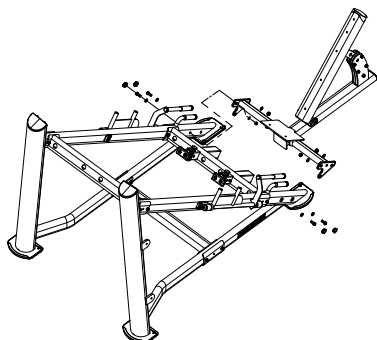
Assemble The Bottom Connection Tube(#11)



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STEP 4



Assemble The Seat Mounting Frame(#12).

Parts

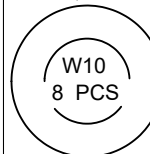
Part No: 12
Name: Seat Mounting
Frame
Q'TY: 1



Part No: 27
Name: D25 Hole Cap
Q'TY: 4



Fixings



SC10-5 4PCS

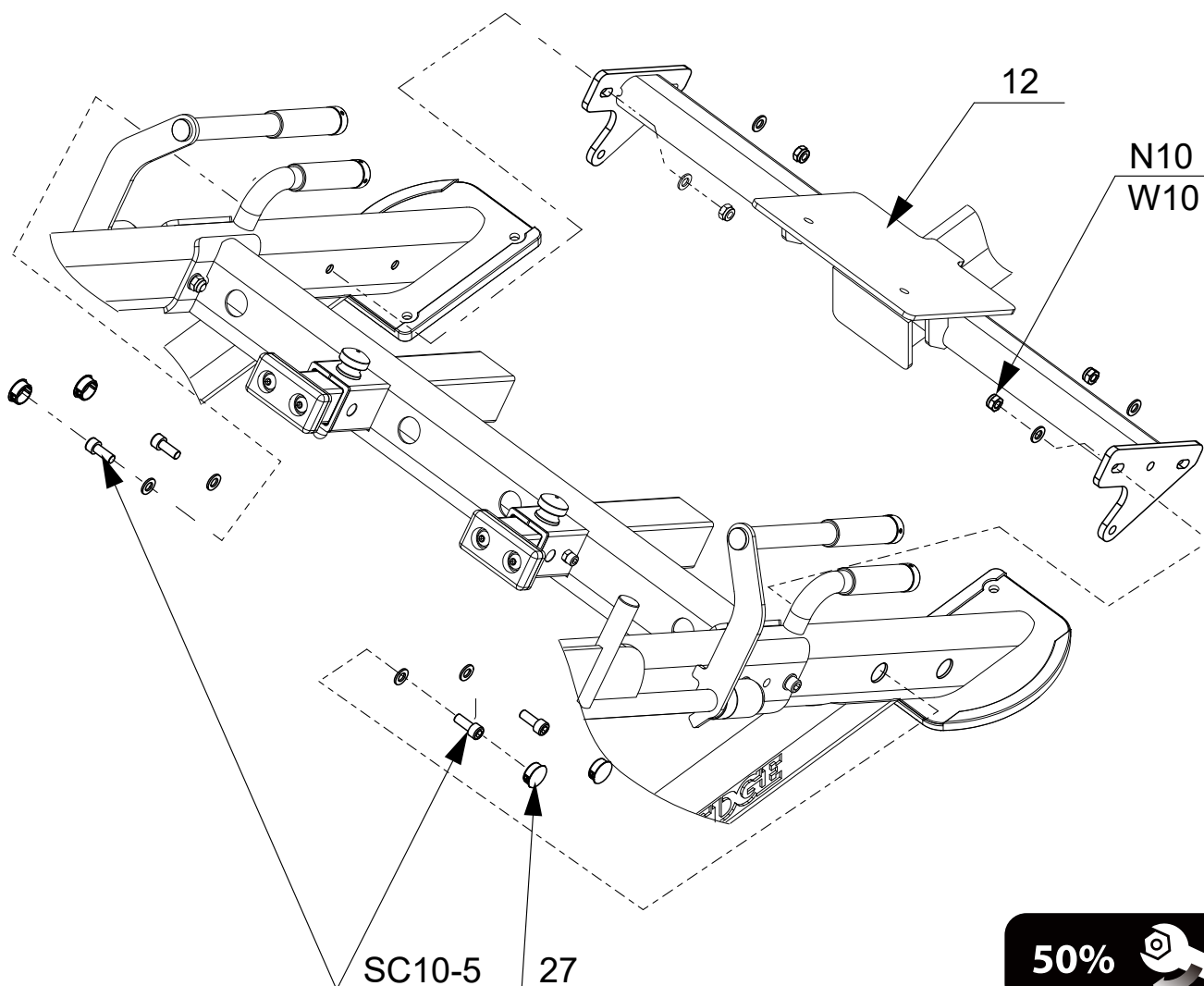
Tools



17 mm



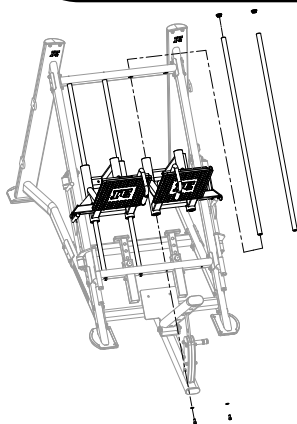
8 mm



50%



STEP 5



Fit The Right Pedal(#13) And The Guide Rod (#14). Then Fit The Left Pedal By The Same Way.

Tools



17 mm



8 mm

Fixings

W10
4 PCS

SC10-4 4PCS

Parts



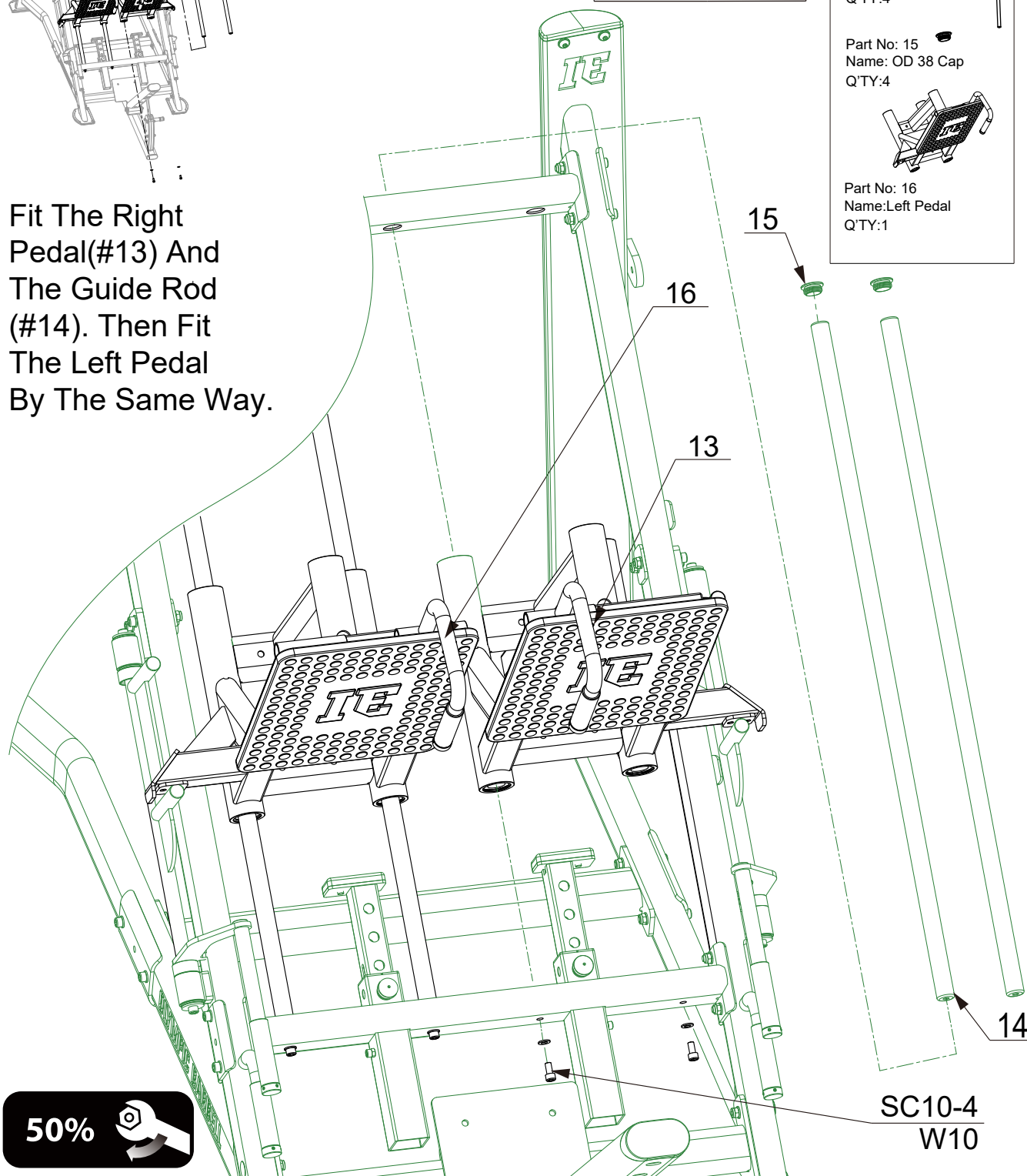
Part No: 13
Name: Right Pedal
Q'TY:1

Part No: 14
Name: Guide Rod
Q'TY:4

Part No: 15
Name: OD 38 Cap
Q'TY:4



Part No: 16
Name: Left Pedal
Q'TY:1



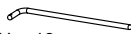
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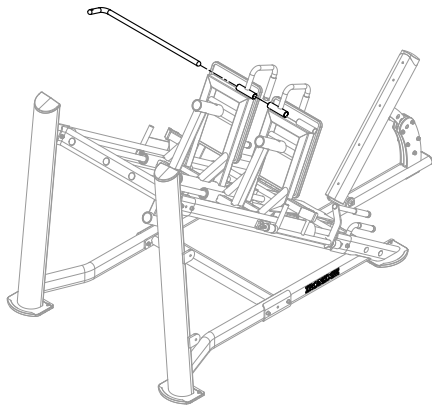


SC10-4
W10

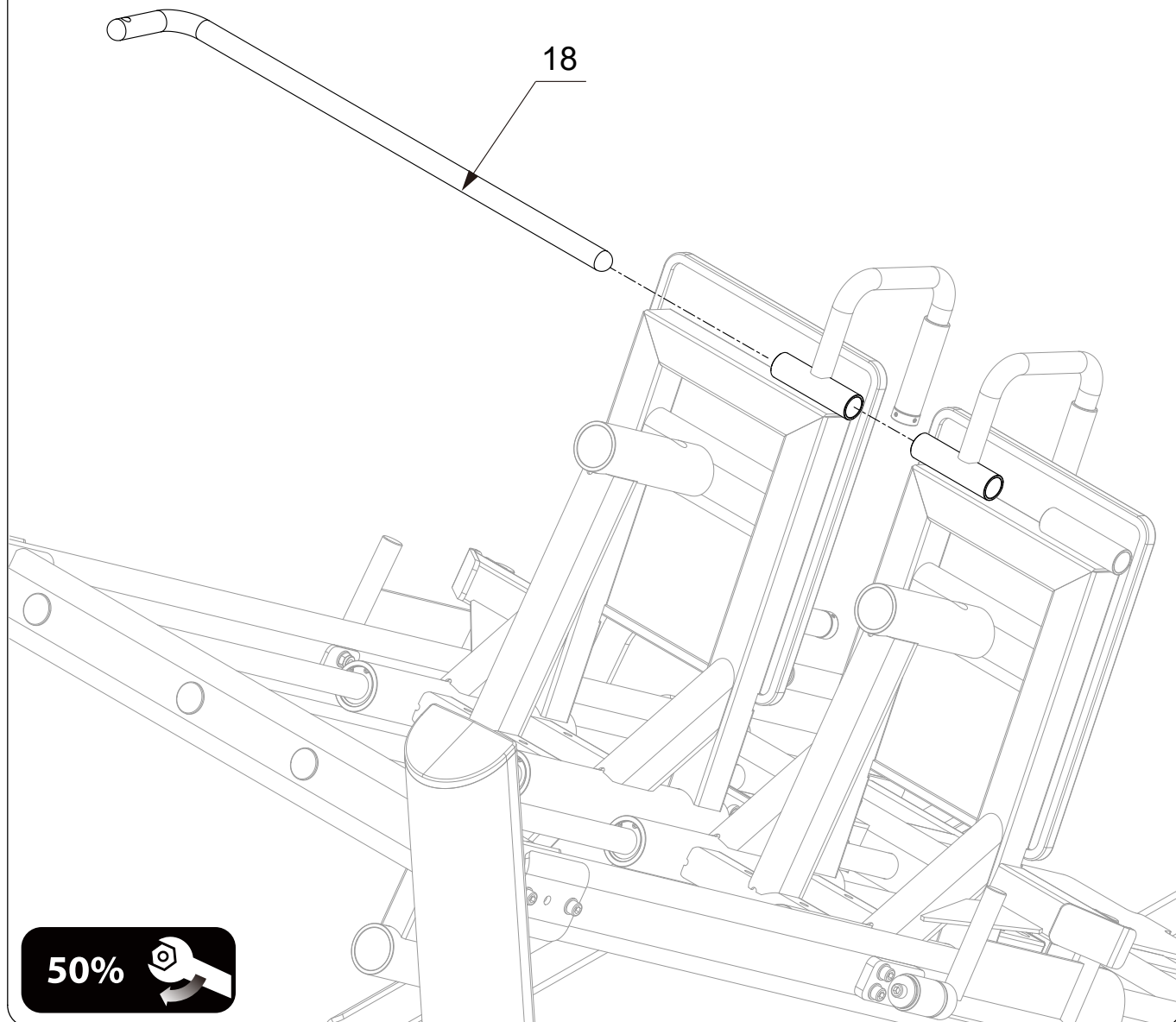
STEP 6

Parts


Part No: 18
Name:
Synchronous Rod
Q'TY: 1



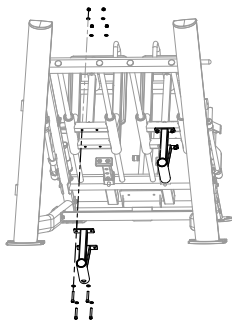
Fit The Synchronous Rod(#18).



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STEP 7



Mount The Lower Holding Frame (#19).

Tools



8 mm



17 mm

Parts

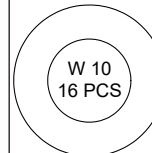
Part No: 19
Name: Lower Holding Frame
Q'TY: 2



Fixings

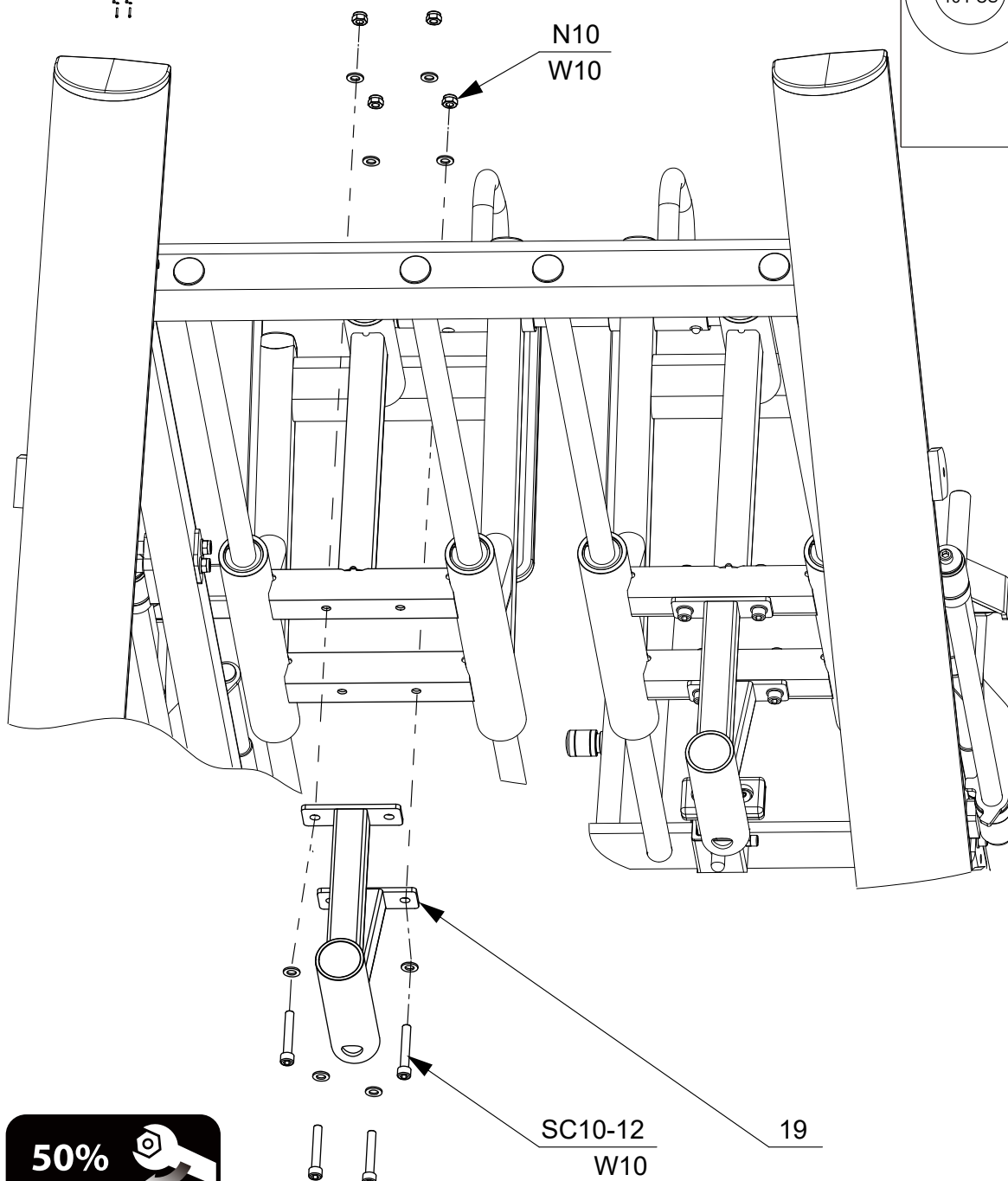


N10
8 PCS



W 10
16 PCS

SC10-12 8 PCS



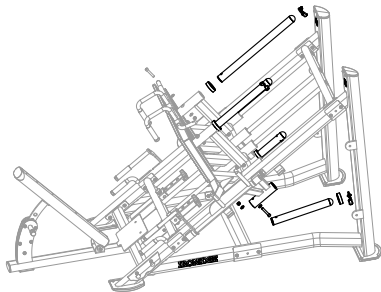
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SC10-12
W10

19

STEP 8



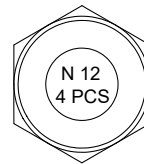
Assemble The Weight Holding Tube(#22 & #21) On The Main Frame.

Parts

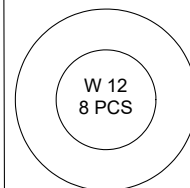
Part No: 21
Name: Weight Holding
Tube L 432 mm
Q'TY: 2

Part No: 22
Name: Weight Holding
Tube L 662 mm
Q'TY: 2

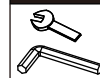
Fixings



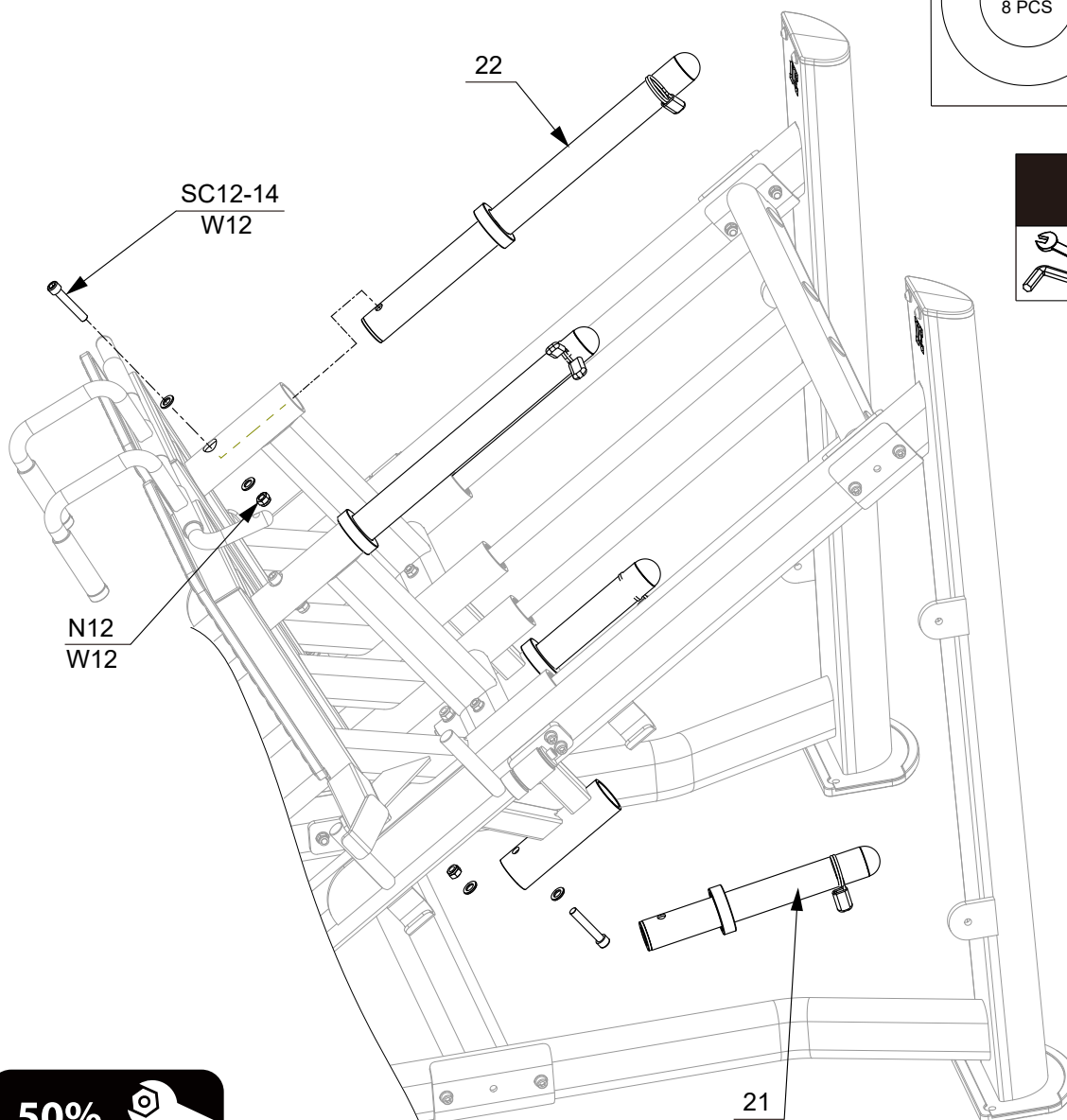
SC12-14 4 PCS



Tools



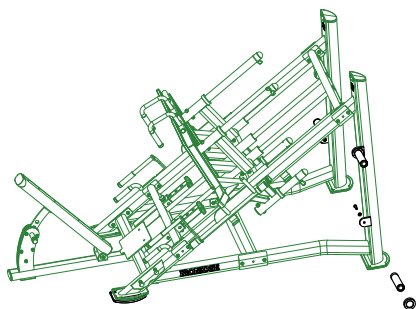
19 mm
10 mm



50%



STEP 9



Assemble The Weight Storage Tube(#20) On The Rear Frame.

Parts

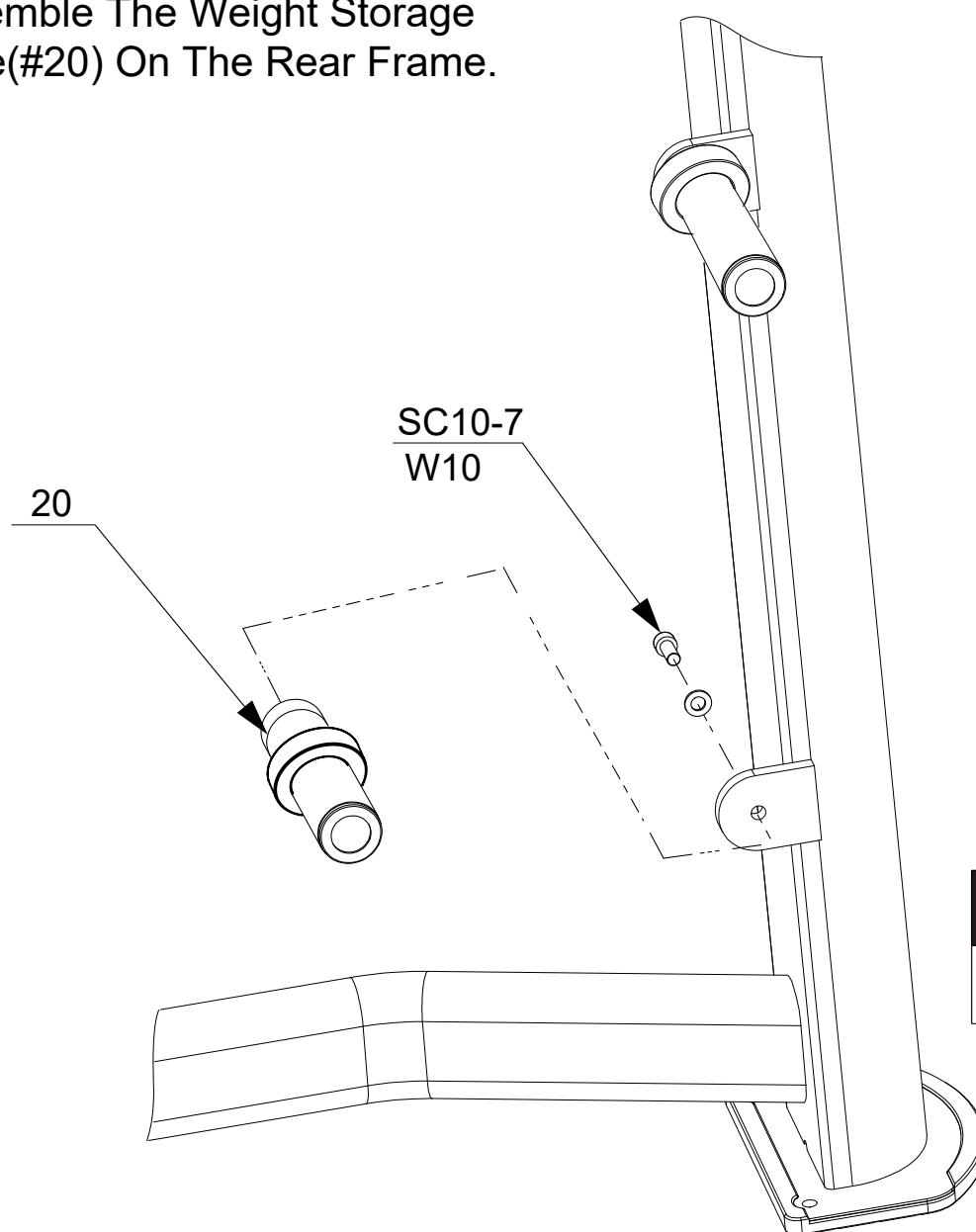
Part No: 20
Name: Weight
Storage Tube
Q'TY: 4



Fixings

W 10
4 PCS

SC10-7 4 PCS



Tools

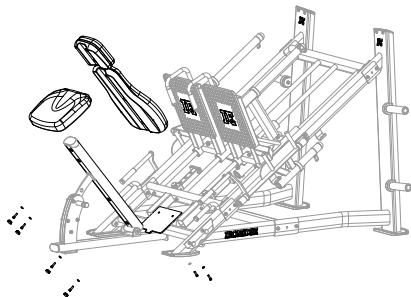


8 mm

50%



STEP 10



Tools



6 mm

Parts

Part No: 24
Name: Seat Pad
Q'TY:1



Part No: 25
Name: Back Pad
Q'TY:1



Part No: 26
Name: Head Pad
Q'TY:1



Part No: 27
Name:
D25 Hole Cap
Q'TY:4



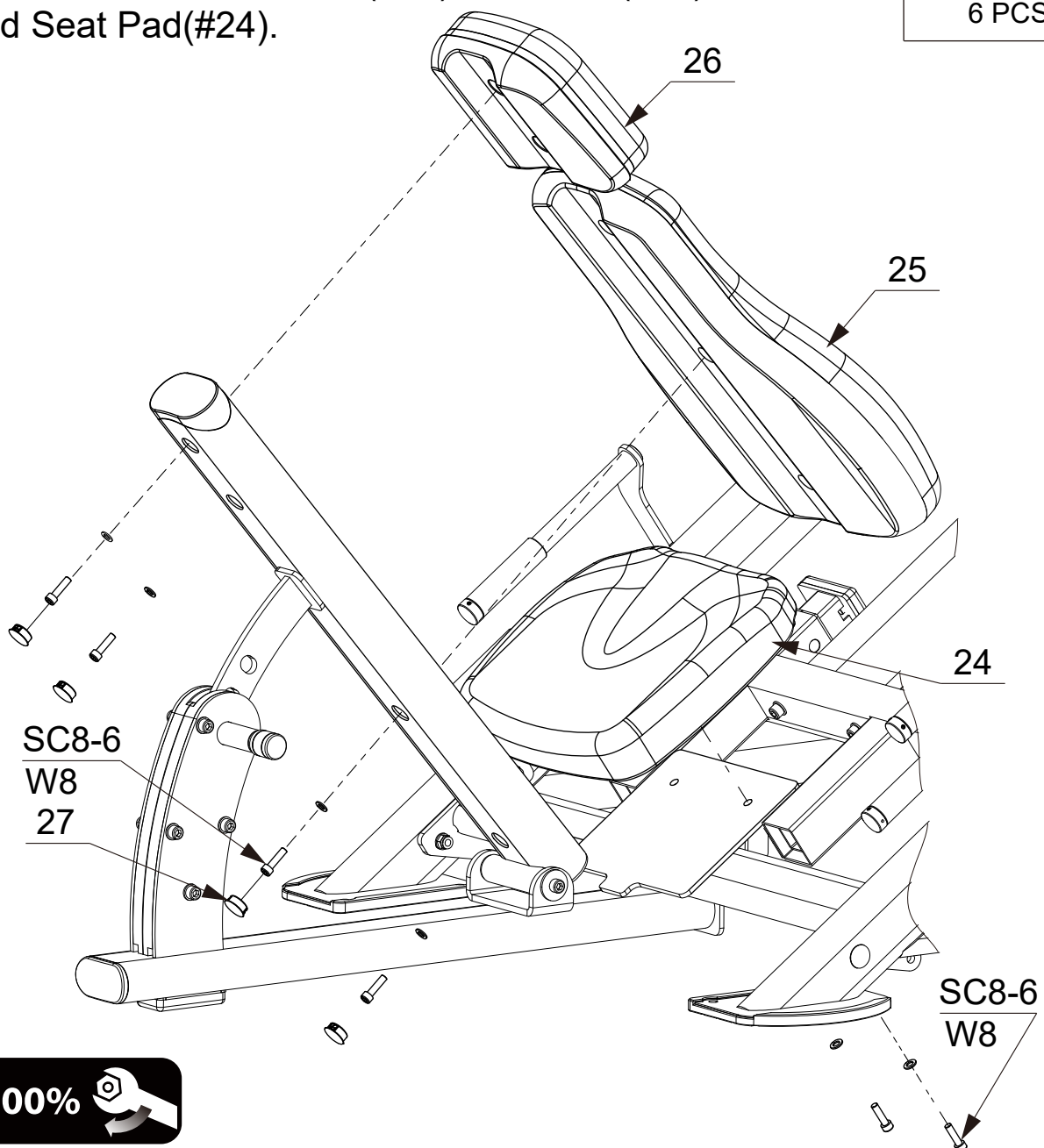
Fixings

SC8-6 6PCS

W8

6 PCS

Assemble The Head Pad(#26),Back Pad(#25)
And Seat Pad(#24).

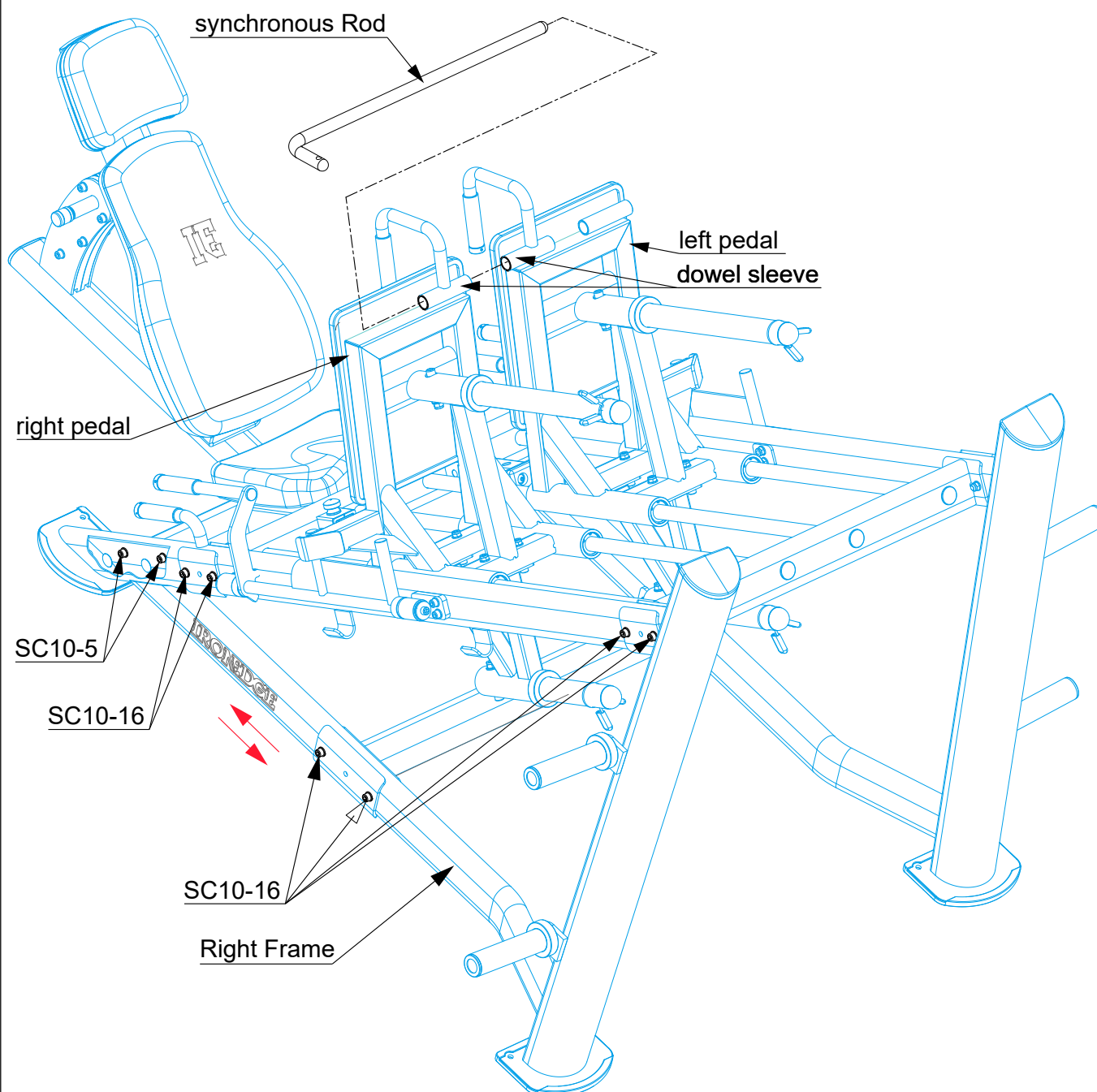


100%



ALIGNMENT OF BOTH SIDES

TO ENSURE THE LEVEL OF THE DOWEL SLEEVE ON THE LEFT AND RIGHT PEDALS EVEN, LOOSE THE SCREWS MARKED IN THE PICTURE BELOW, AND MOVE THE RIGHT FRAME BACK AND FORTH TO A SUITABLE PLACE, THEN TIGHTEN ALL THE SCREWS AT ONCE.



PARTS LIST

PART #	DESCRIPTION	QTY
1	Right Frame	1
2	Lower Connection Tube	1
3	Upper Connection Tube	1
4	Arched Back Plate	4
5	Left Frame	1
6	Left Holding Bar	1
7	Bushing Seat	2
8	Big Washer	6
9	Back Plate	2
10	Right Holding Bar	1
11	Bottom Connection Tube	1
12	Seat Mounting Frame	1
13	Right Pedal	1
14	Guide Rod	4
15	OD 38 Cap	4
16	Left Pedal	1
*		
18	Synchronous Rod	1
19	Lower Holding Frame	2
20	Weight Storage Tube	4
21	Weight Holding Tube L 432 mm	2
22	Weight Holding Tube L 662 mm	2
*		
24	Seat Pad	1
25	Back Pad	1
26	Head Pad	1
27	D25 Hole Cap	8
W8	Washer 8	6
W10	Washer 10	64
W12	Washer 12	8
N10	Nut M10	28
N12	Nut M12	4
SC8-6	Socket Head Cap ScrewM8x30	6
SC10-4	Socket Head Cap ScrewM10x20	8
SC10-5	Socket Head Cap ScrewM10x25	4
SC10-7	Socket Head Cap ScrewM10x35	4
SC10-12	Socket Head Cap ScrewM10x60	8
SC10-16	Socket Head Cap ScrewM10x80	16
SC12-14	Socket Head Cap ScrewM10x70	4