

IRONEDGE.

LEG EXTENSION -ONYX SERIES

Setup Instructions

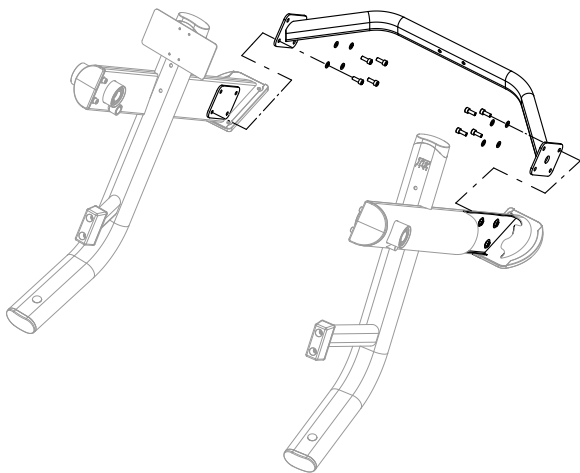
⚠ CAUTION: Read all precautions and instructions before using this equipment. Save this manual for future reference.



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STEP 1



Assemble The Left Frame(#1),Right Frame(#2) and the Connection Tube(#3).

Tools



8 mm

Parts

Part No: 1
Name: Left Frame
Q'TY:1



Part No: 2
Name: Right Frame
Q'TY:1



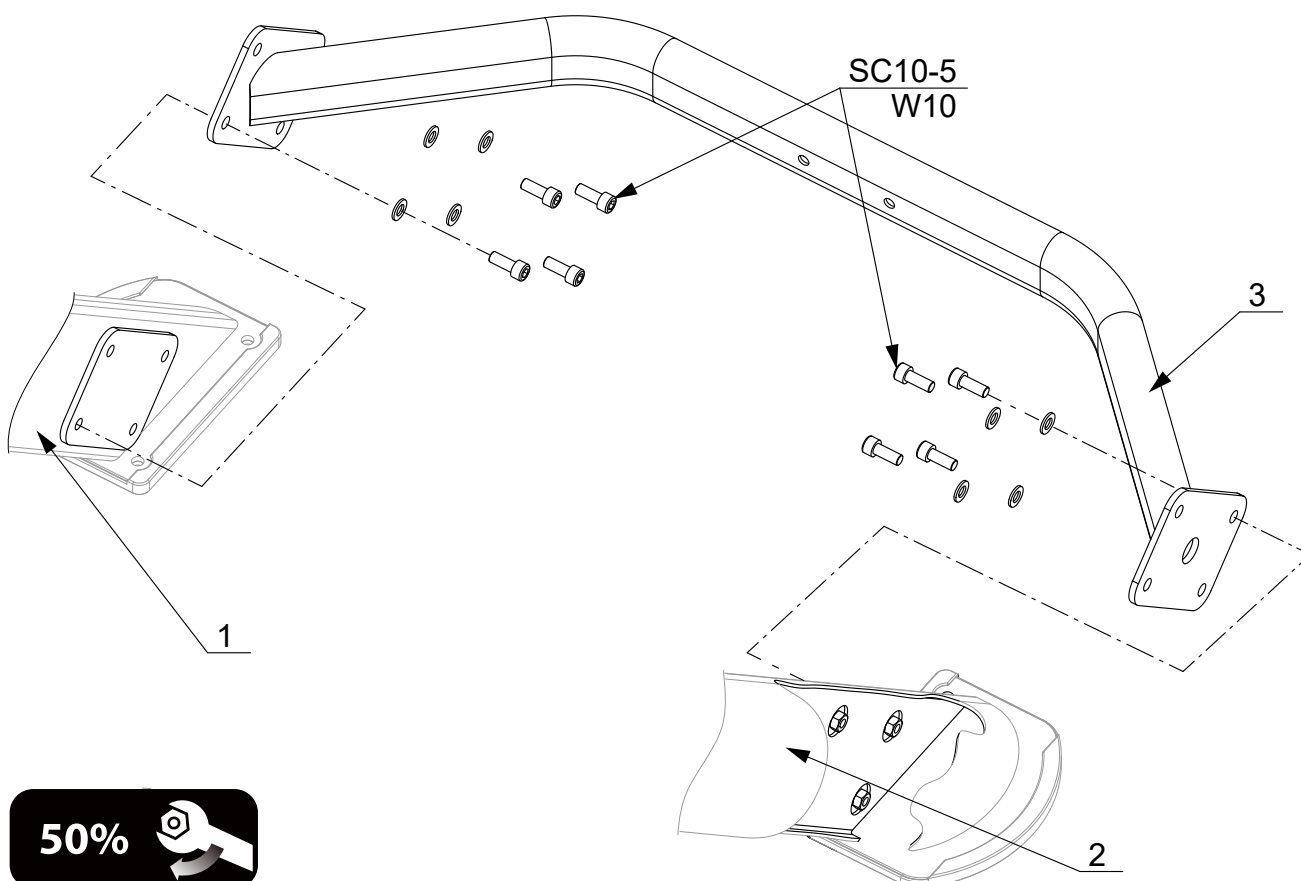
Part No: 3
Name: Connection Tube
Q'TY:1



Fixings

SC10-5 8PCS

W10
8 PCS

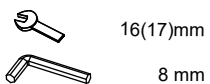


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STEP 2

Tools



Parts

Part No: 4
Name: Middle
Support Frame
Q'TY:1



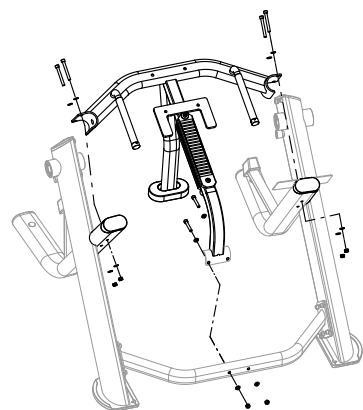
Fixings

SC10-12 2 PCS

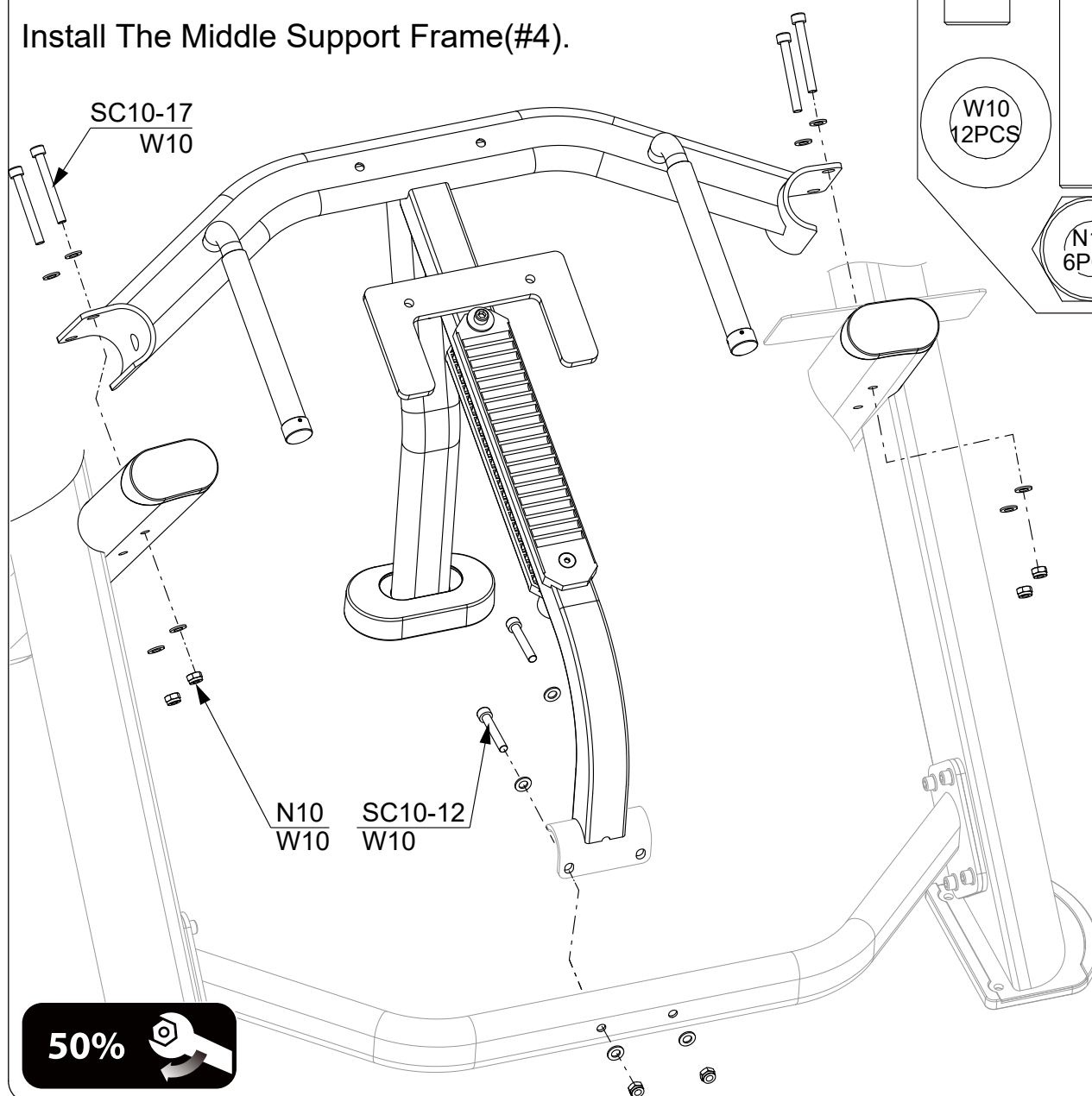
SC10-17 4 PCS

W10
12PCS

N10
6PCS



Install The Middle Support Frame(#4).

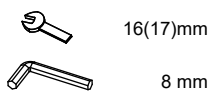


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STEP 3

Tools

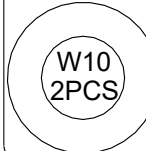
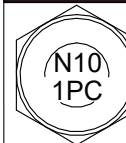


Parts

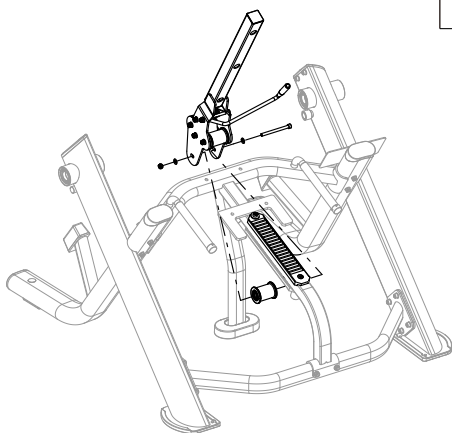
Part No: 5
Name: Backrest Support
Q'TY:1

Part No: 6
Name: Wheel
Q'TY:1

Fixings



SC10-24 1 PC



Install the Backrest Support (#5).

5

SC10-24
W10

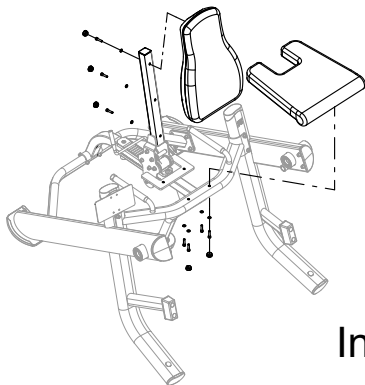
SC10-24
W10

6

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STEP 4



Tools



6 mm

Parts

Part No: 7
Name: Seat Pad
Q'TY: 1



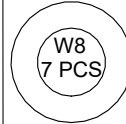
Part No: 8
Name: Backrest Pad
Q'TY: 1



Part No: 9
Name: D25 Hole Cap
Q'TY: 5

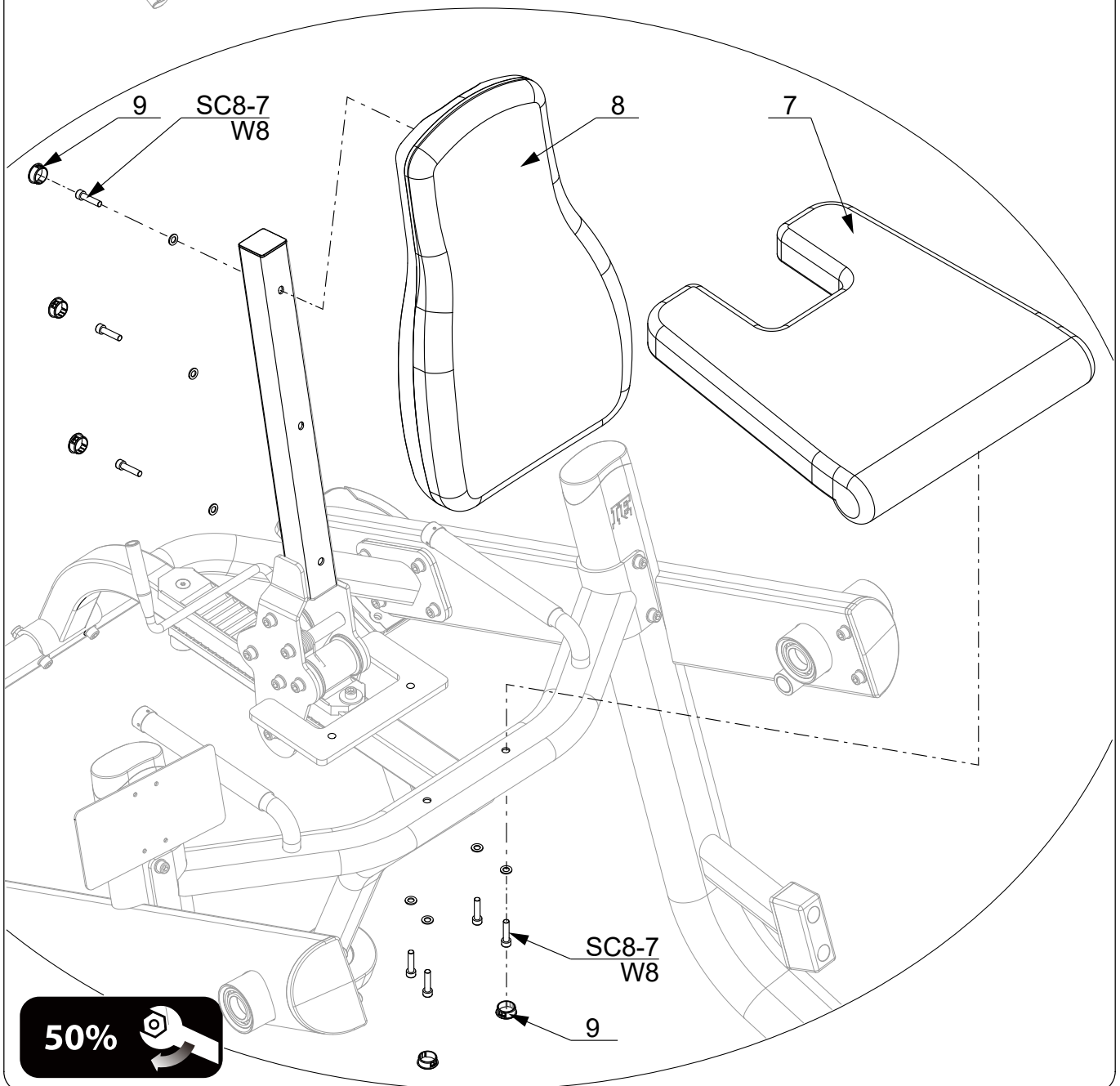


Fixings



SC8-7 7PCS

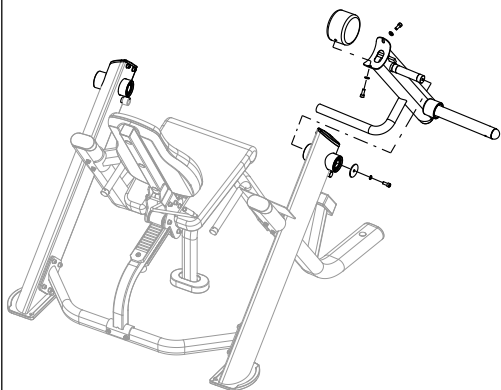
Install The Seat Pad(#7) and the Backrest Pad(#8).



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STEP 5



Tools



8 mm

Fixings

SW10
1PCS

W10
2PCS

SC10-5 3 PCS

Parts

Part No:10
Name:
Right Work Arm
Q'TY:1



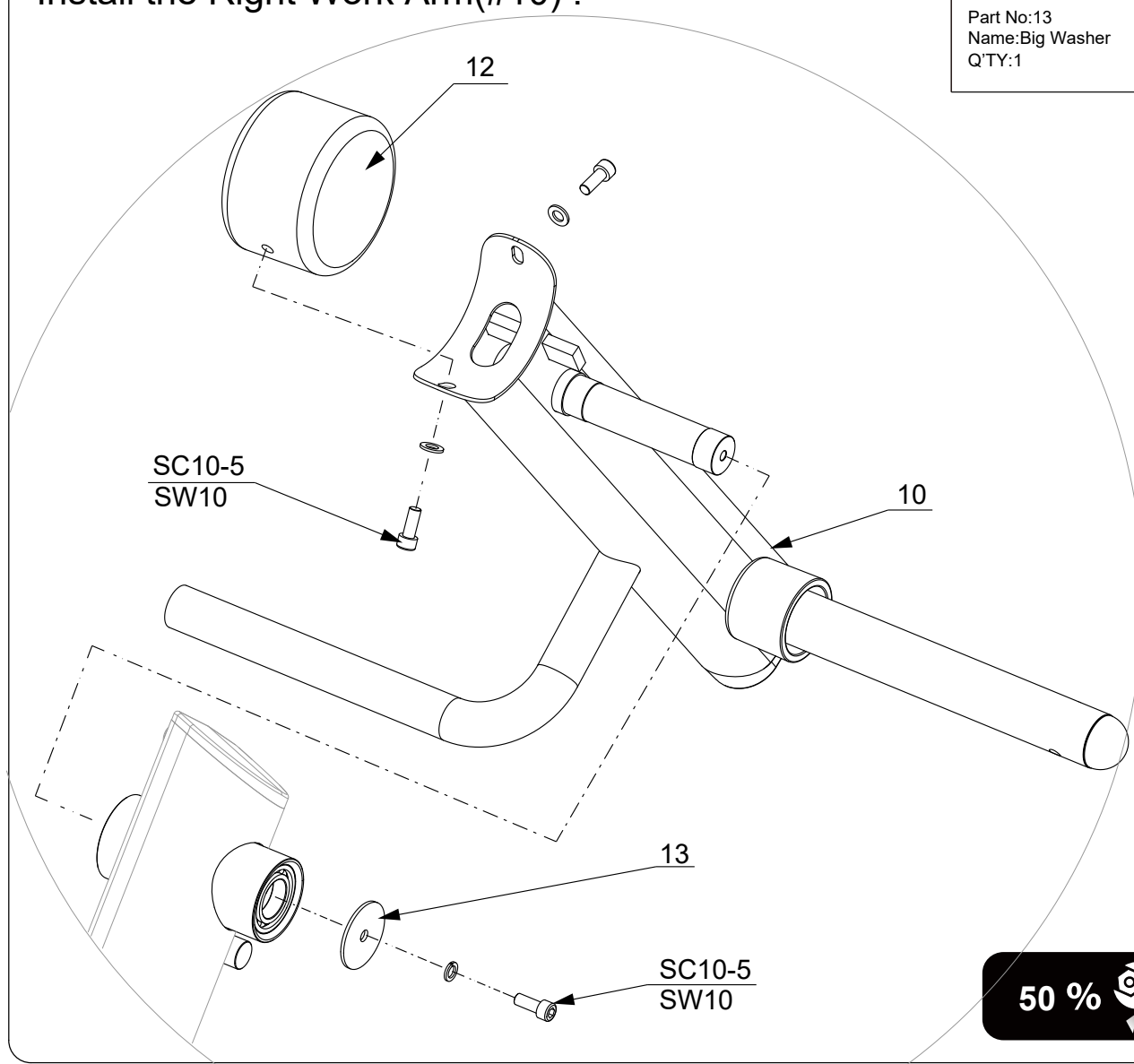
Part No:12
Name:Counter Weight
Q'TY:1



Part No:13
Name:Big Washer
Q'TY:1



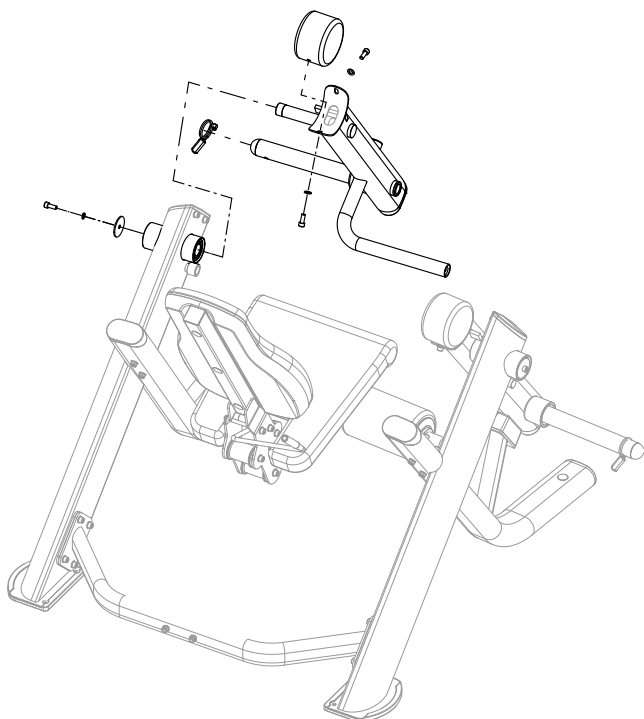
Install the Right Work Arm(#10) .



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STEP 6



Tools



8 mm

Fixings

SW10
1PCS

W10
2PCS

SC10-5 3 PCS

Parts

Part No:11

Name:

Left Work Arm

Q'TY:1

Part No:12

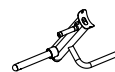
Name:Counter Weight

Q'TY:1

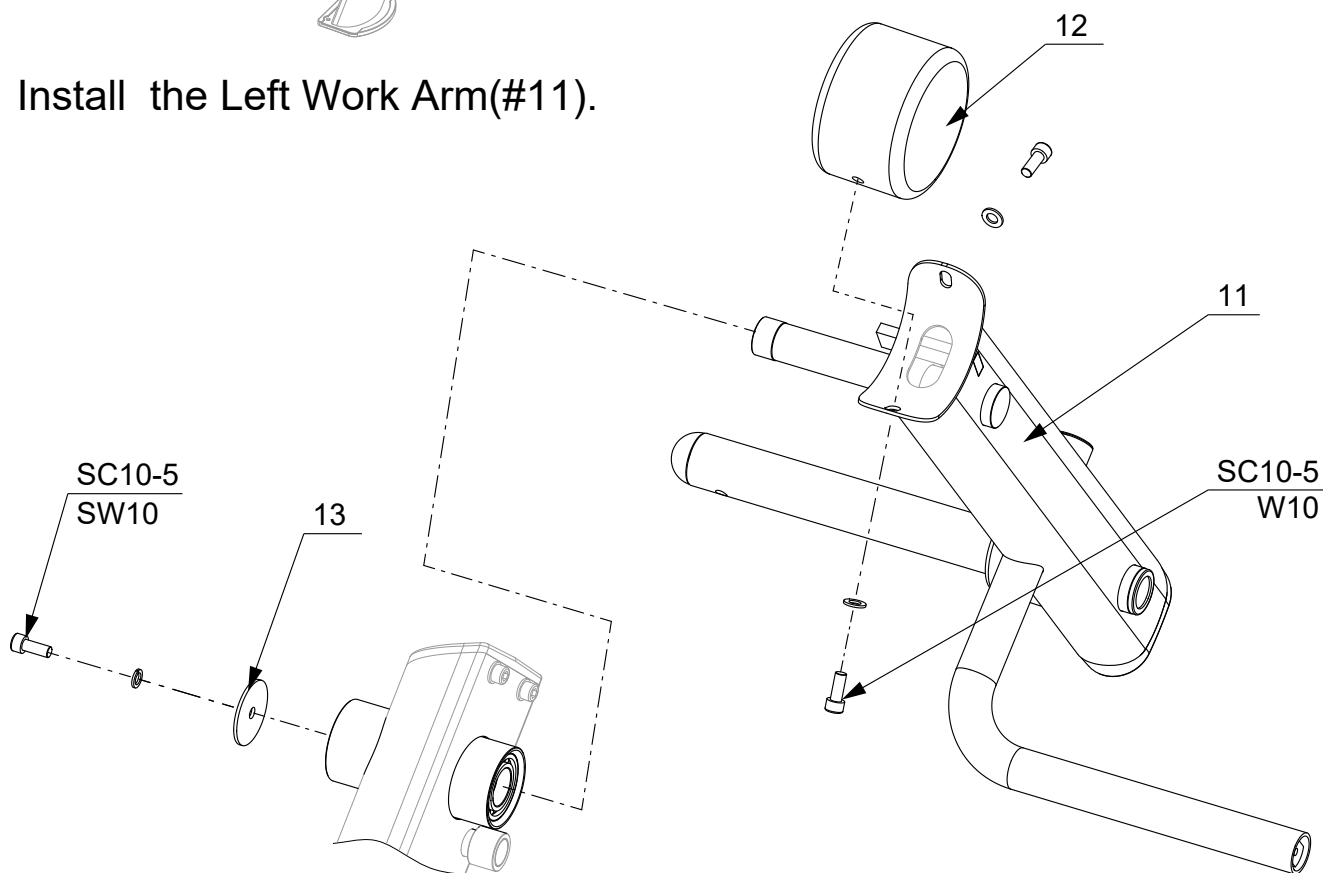
Part No:13

Name:Big Washer

Q'TY:1



Install the Left Work Arm(#11).



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STEP 7

Tools

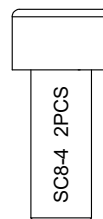


3 mm

Fixings



S6-2
4 PCS



SC8-4 2PCS

Parts

Part No:14
Name: Foam Roller
Q'TY:2



Part No:15
Name: Barbell Clip
Q'TY:2



Part No:16
Name: Retaining Ring
Q'TY:2



Part No:17
Name: Roller Bushing
Q'TY:4



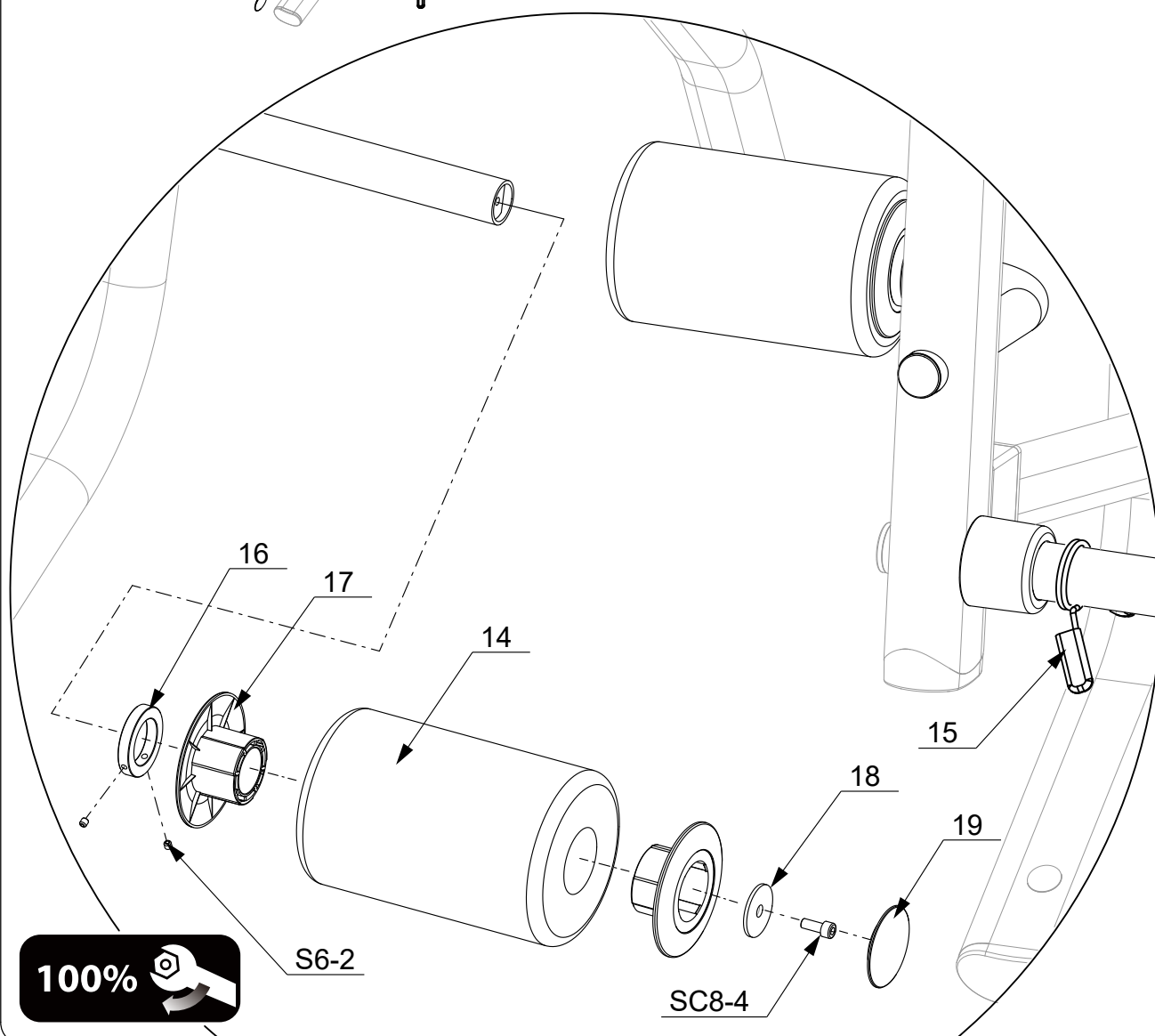
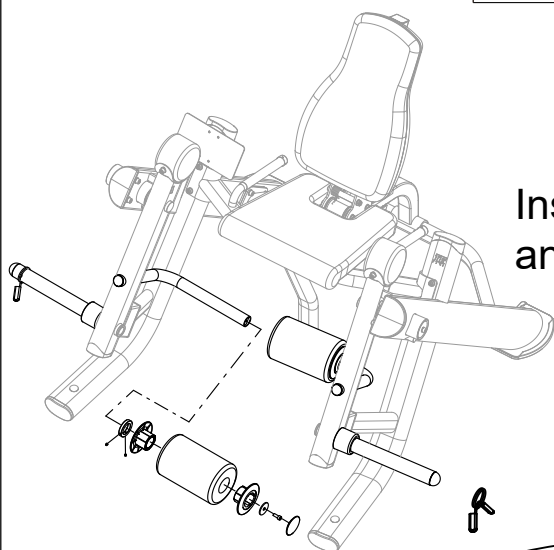
Part No:18
Name: Washer OD45
Q'TY:2



Part No:19
Name: Plastic Cap
Q'TY:2



Install The Foam Roller(#14)
and the Barbell Clip(#15).



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PARTS LIST

PART #	DESCRIPTION	QTY
1	Left Frame	1
2	Right Frame	1
3	Connection Tube	1
4	Middle Support Frame	1
5	Backrest Support	1
6	Wheel	1
7	Seat Pad	1
8	Backrest Pad	1
9	D25 Hole Cap	5
10	Work Arm	1
11	Work Arm	1
12	Counter Weight	2
13	Big Washer	2
14	Foam Roller	2
15	Barbell Clip	2
16	Retaining Ring	2
17	Roller Bushing	4
18	Washer OD45	2
19	Plastic Cap	2
W8	Washer 8	7
W10	Washer 10	26
SW10	Spring Washer 10	2
N10	Lock Nut M10	7
S6-2	Socket Set Screw M6 × 6	4
SC8-4	Socket Head Cap Screw M8 x 20	2
SC8-7	Socket Head Cap Screw M8 x 35	7
SC10-5	Socket Head Cap Screw M10 x 25	14
SC10-12	Socket Head Cap Screw M10 x 60	2
SC10-17	Socket Head Cap Screw M10 x 85	4
SC10-24	Socket Head Cap Screw M10 x 120	1