

IRONEDGE

Reverse Hyper Unilateral

Setup Instructions

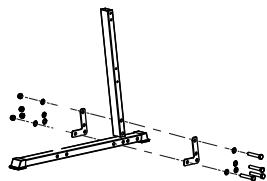
⚠ CAUTION: Read all precautions and instructions before using this equipment. Save this manual for future reference.



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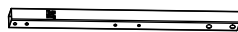
STEP 1



Assemble The
Bottom Tube Assy(#1)
And One Inclined
Support Tube(#2) By L Plate.

Parts

Part No: 1
Name: Bottom Tube Assy
Q'TY: 1



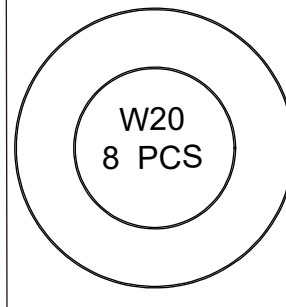
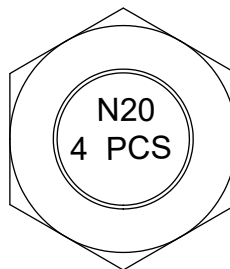
Part No: 2
Name: Inclined Support
Tube

Q'TY: 2

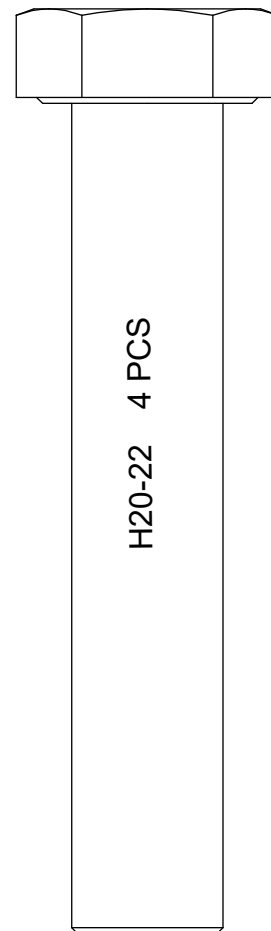
Part No: 5
Name: L Plate
Q'TY: 2



Fixings



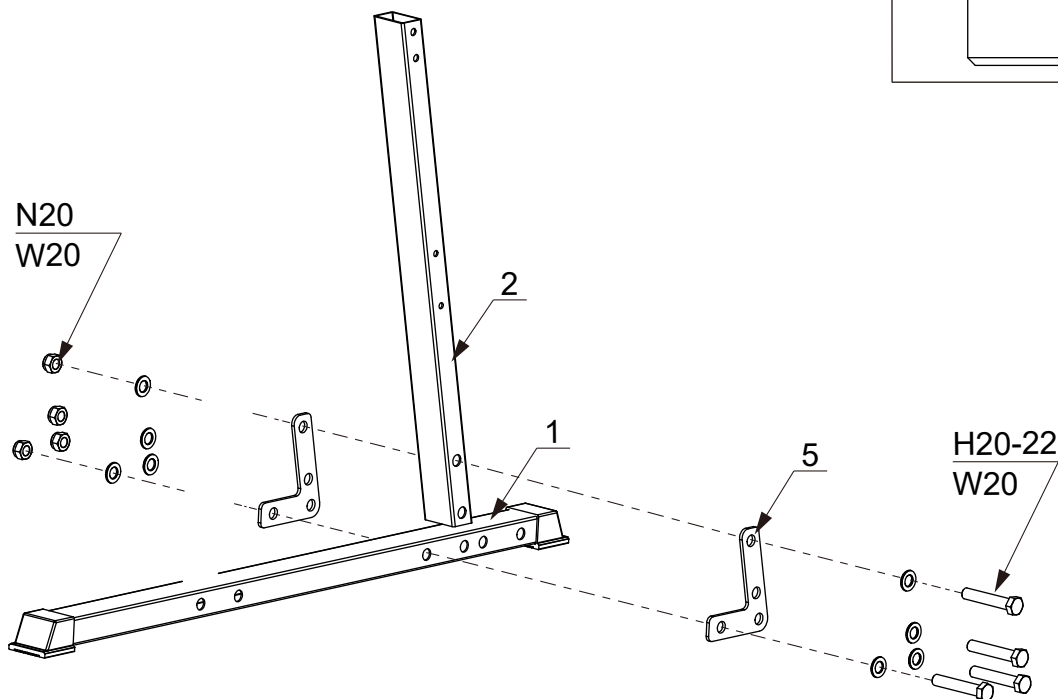
Fixings



Tools



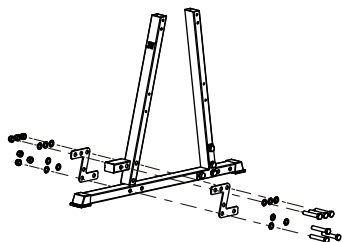
30 mm



50%



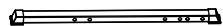
STEP 2



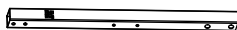
Assemble The Bottom Tube Assy(#1), Another Inclined Support Tube(#2), The Pedal Tube (#3) By Z Plate(#4).

(Assemble The Other Side By The Same Way.)

Parts



Part No: 1
Name: Bottom Tube Assy
Q'TY: 1



Part No: 2
Name: Inclined Support Tube
Q'TY: 1

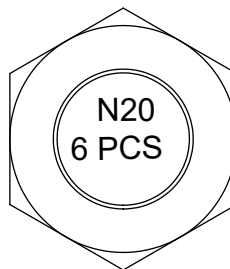


Part No: 3
Name: Pedal Tube
Q'TY: 1

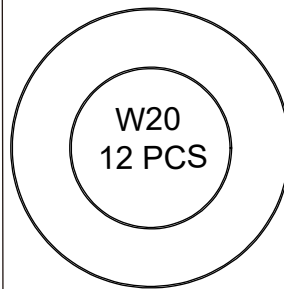


Part No: 4
Name: Z Plate
Q'TY: 2

Fixings

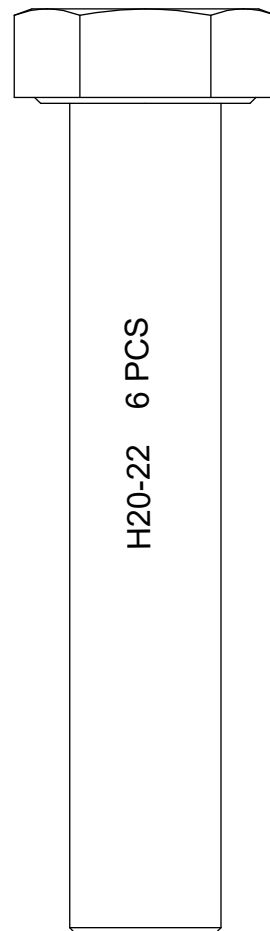


N20
6 PCS



W20
12 PCS

Fixings

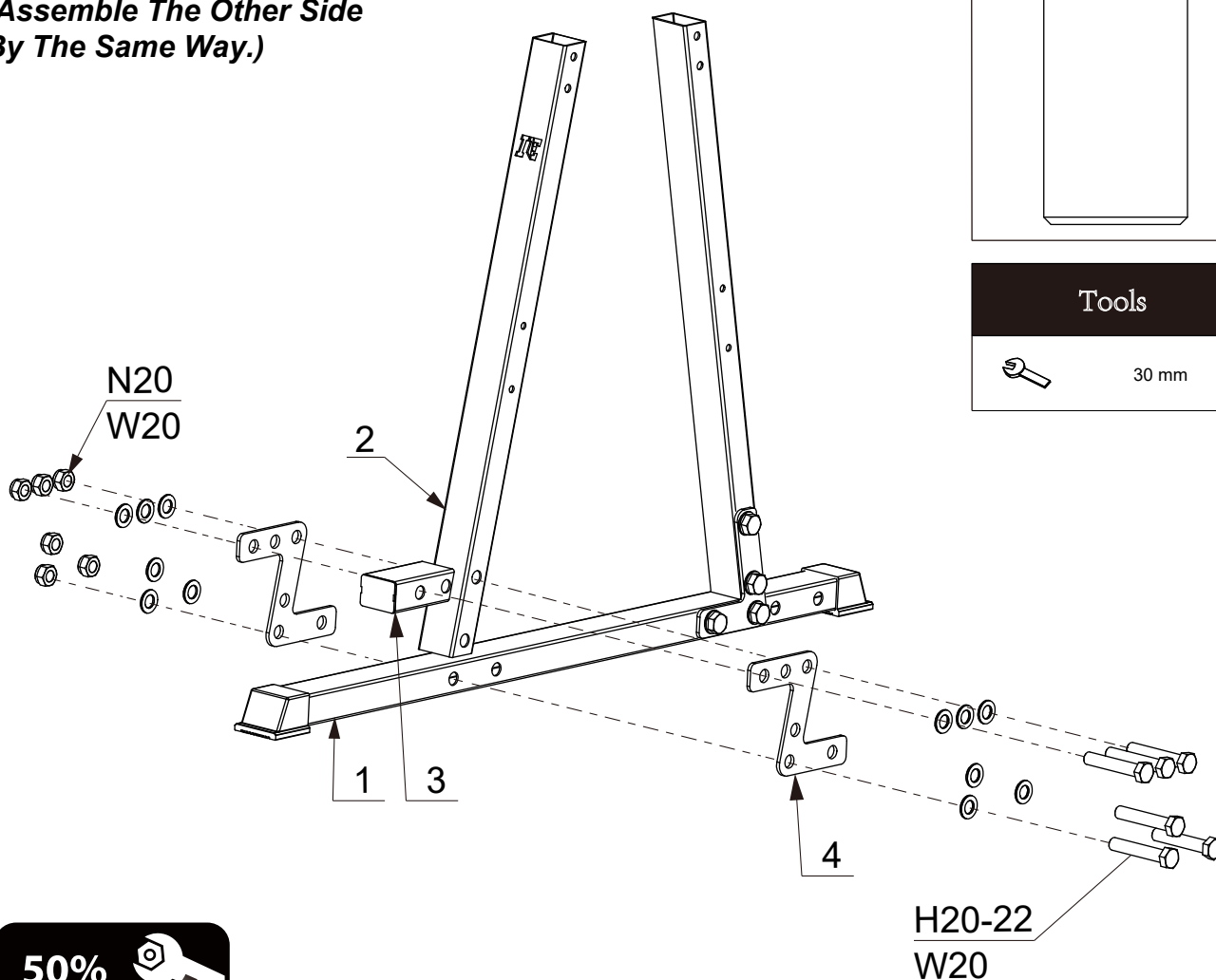


H20-22 6 PCS

Tools



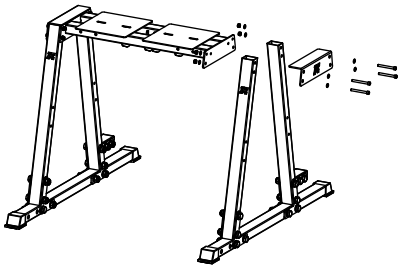
30 mm



50%

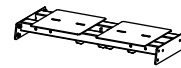


STEP 3



Assemble The TopFrame(#6) & Side Bended Plate(#8) On The Main Frame, And The Same Way On The Other Side.

Parts



Part No: 6
Name: Top Frame
Q'TY: 1



Part No: 8
Name: Side Bended Plate
Q'TY: 2

Tools



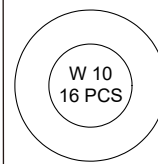
17 mm

8 mm

Fixings

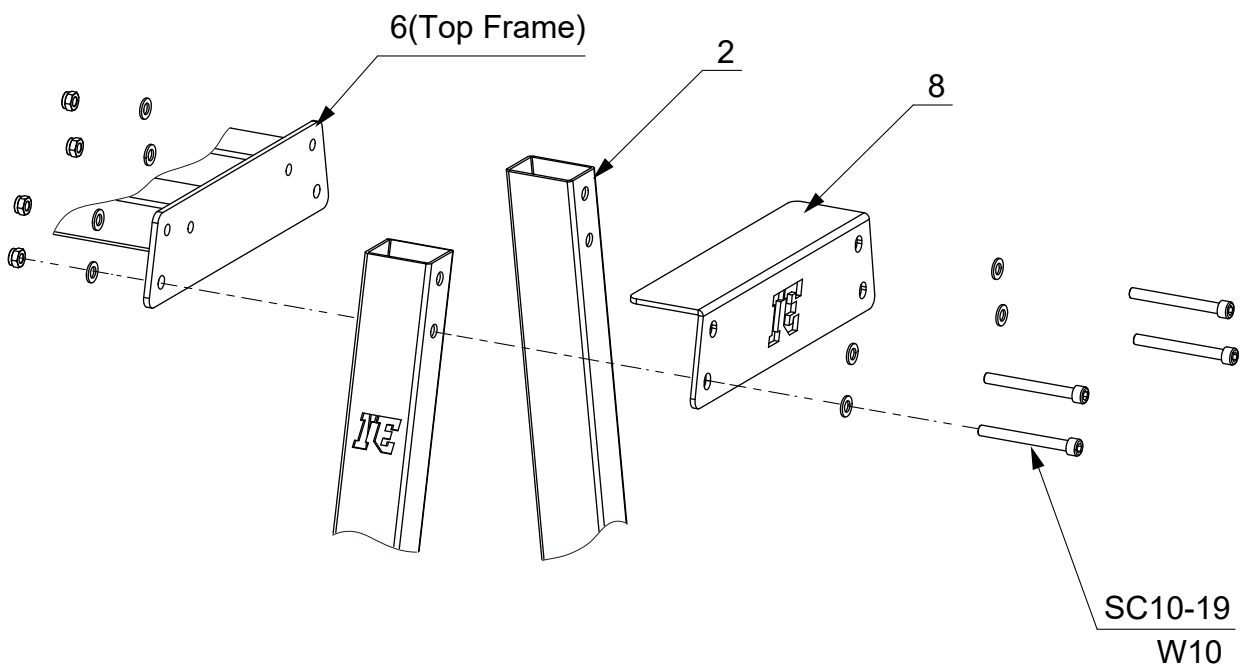


N10
8 PCS



W 10
16 PCS

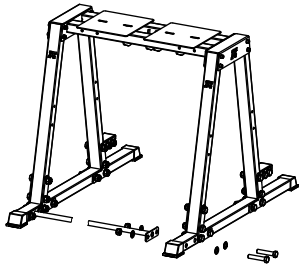
SC10-19 M10 L=95 8 PCS



50%



STEP 4



Parts

Part No: 7
Name: Bottom
Lateral Tube Assy
Q'TY: 1

Tools

 17 / 30 mm

Fixings

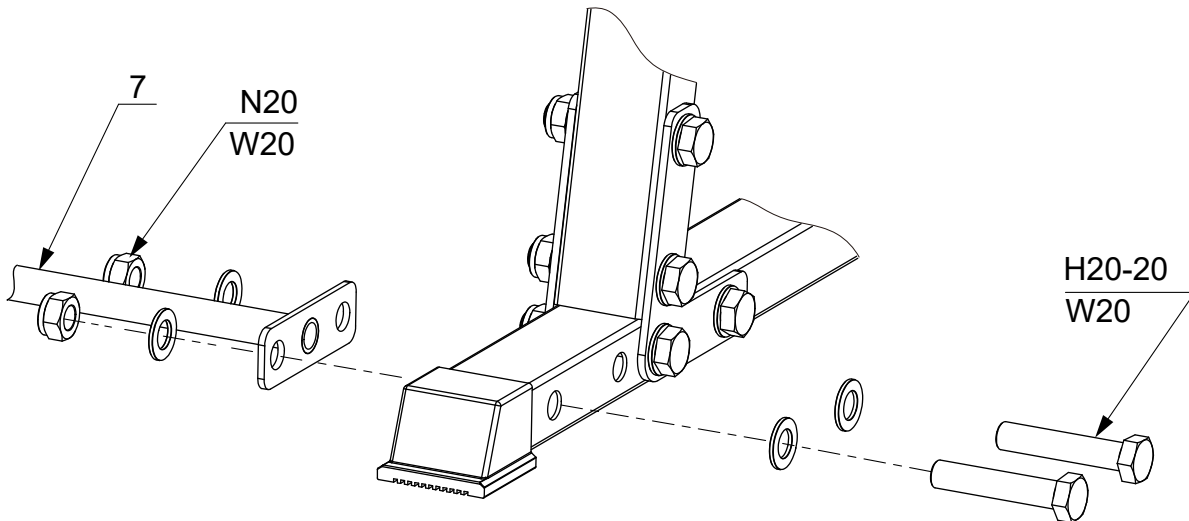
N20
4 PCS

W20
8 PCS

Fixings

H20-20 4 PCS

Assemble The Bottom Lateral
Tube Assy(#7).



50%



STEP 5

Assemble The Pendulum Arm(#9) And
The Set Contained Bearing(#10).

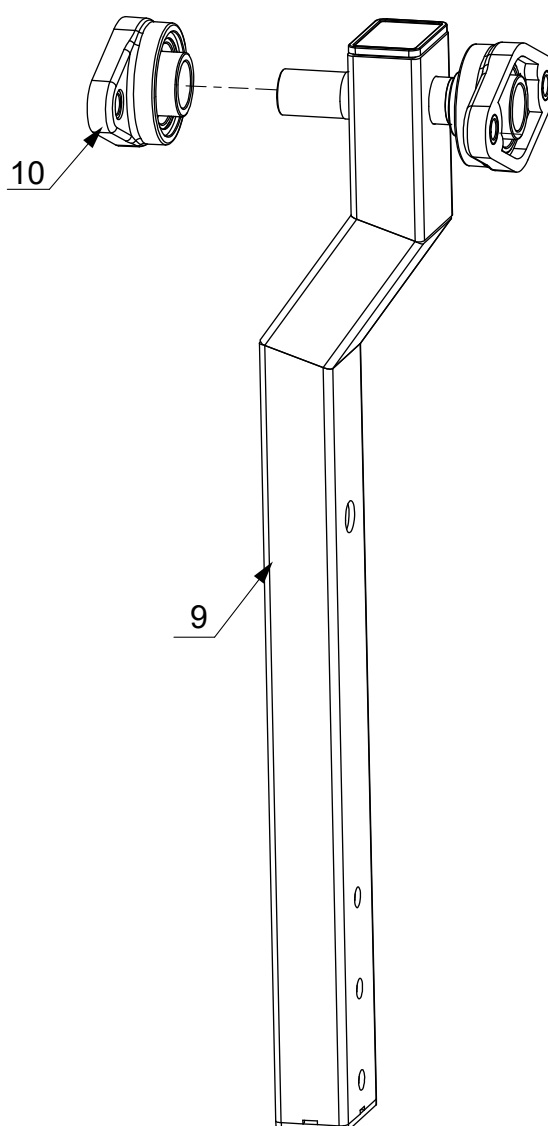
Parts



Part No: 9
Name: Pendulum Arm
Q'TY:2



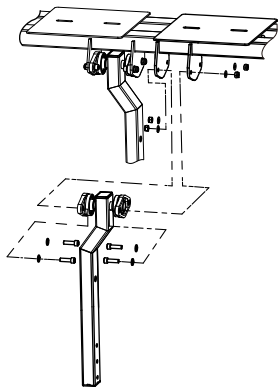
Part No: 10
Name: Set Contained
Bearing
Q'TY:4



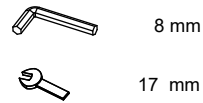
50%



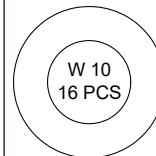
STEP 6



Tools

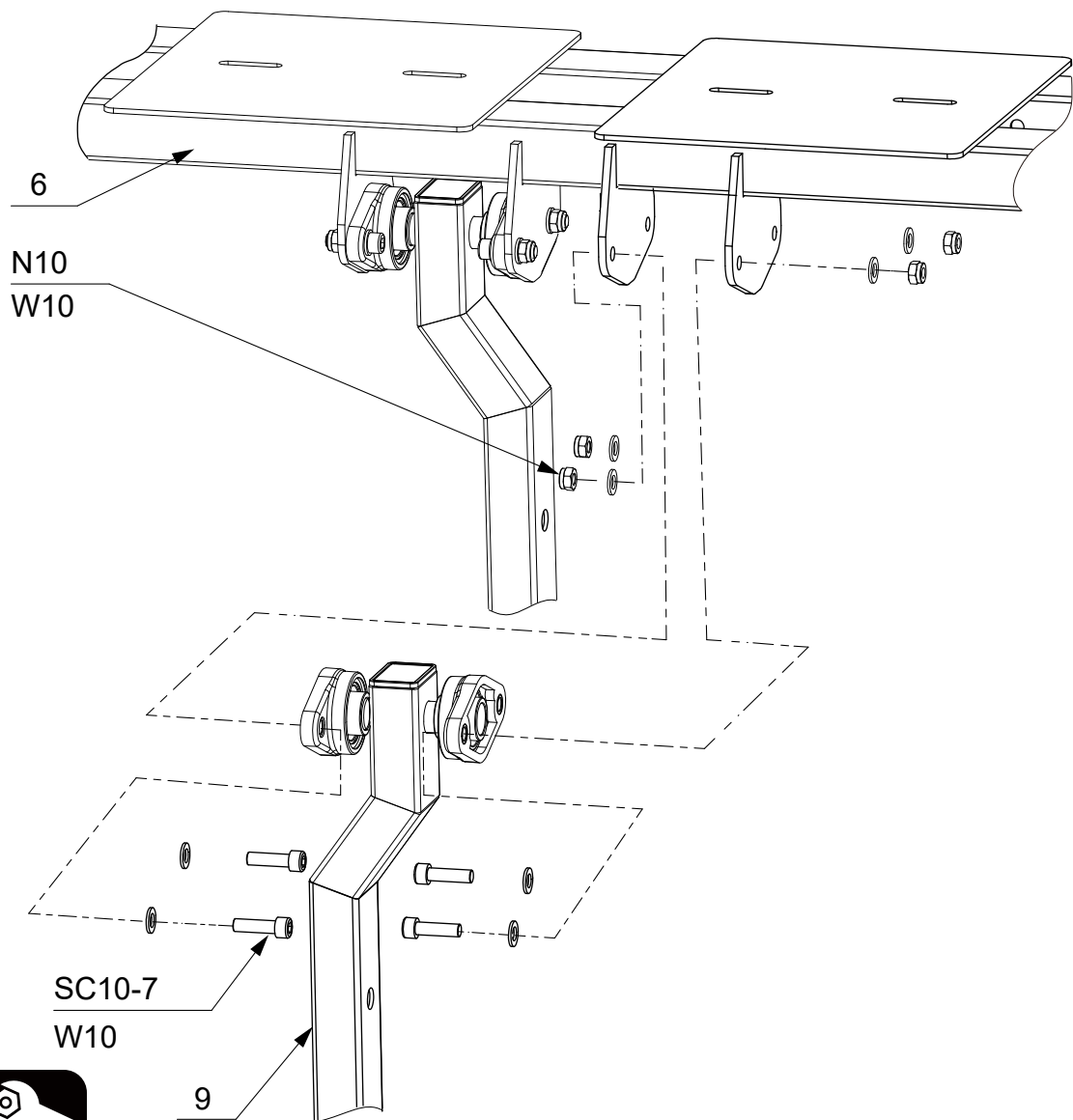


Fixings



SC10-7 8 PCS

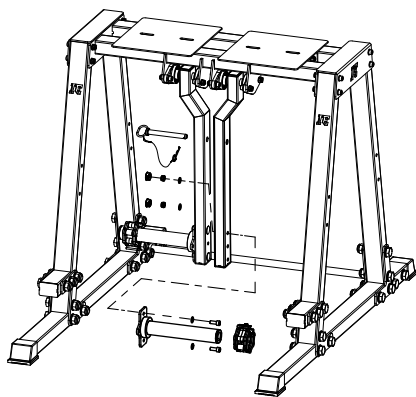
Fit The Pendulum Arm Group(#9 & #10) To Top Frame(#6).



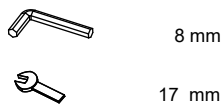
50%



STEP 7



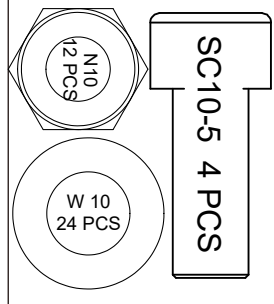
Tools



8 mm

17 mm

Fixings



Parts

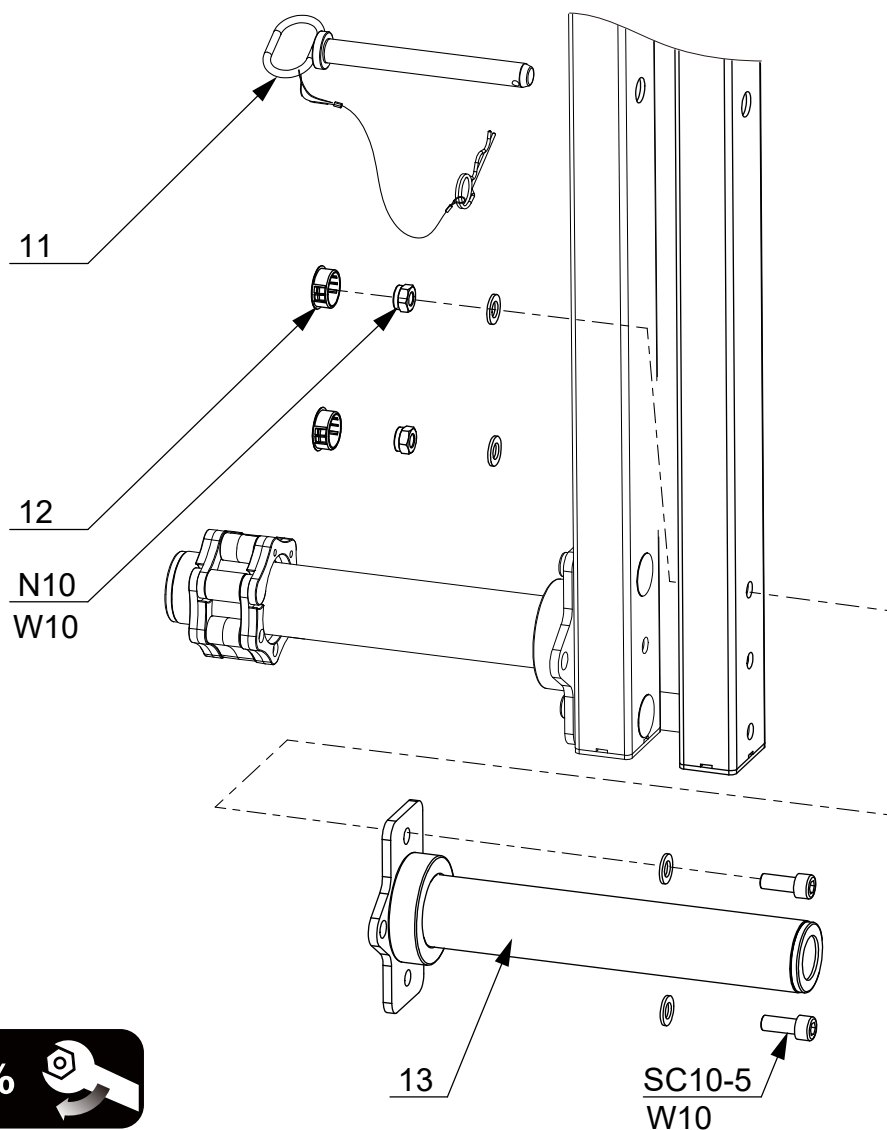
Part No: 13
Name: Holding Tube Assy
Q'TY: 2

Part No: 14
Name: Barbell Clip
Q'TY: 2

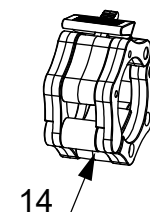
Part No: 11
Name: Pin
Q'TY: 1

Part No: 12
Name: Hole Cap
Q'TY: 4

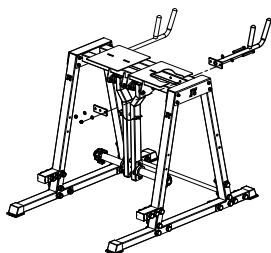
Assemble The Holding Tube Assy(#13),
Pin(#11) And The Barbell Clip(#14).



50%



STEP 8

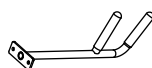


Tools



16(17)mm
8 mm

Parts

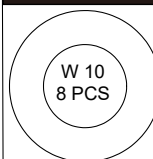


Part No: 15
Name: Handle
Q'TY: 2



Part No: 20
Name: Back Plate
Q'TY: 2

Fixings



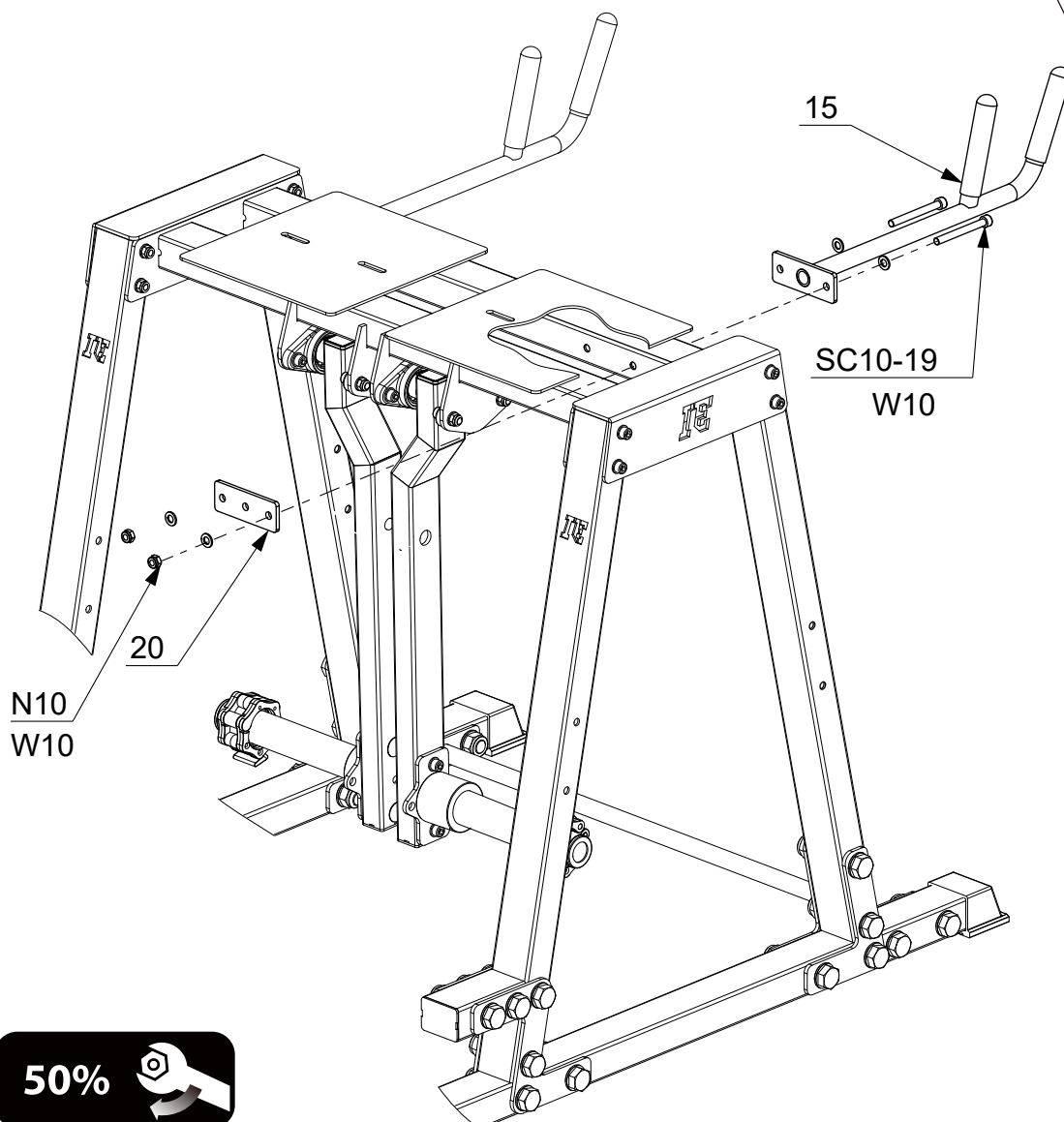
W 10
8 PCS



N 10
4 PCS

SC10-19 4 PCS

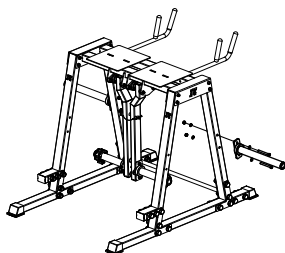
Install The Handles (#15)
On Both Side.



50%



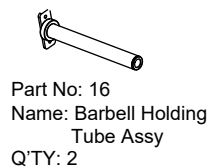
STEP 9



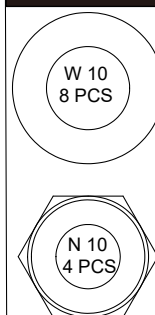
Tools



Parts

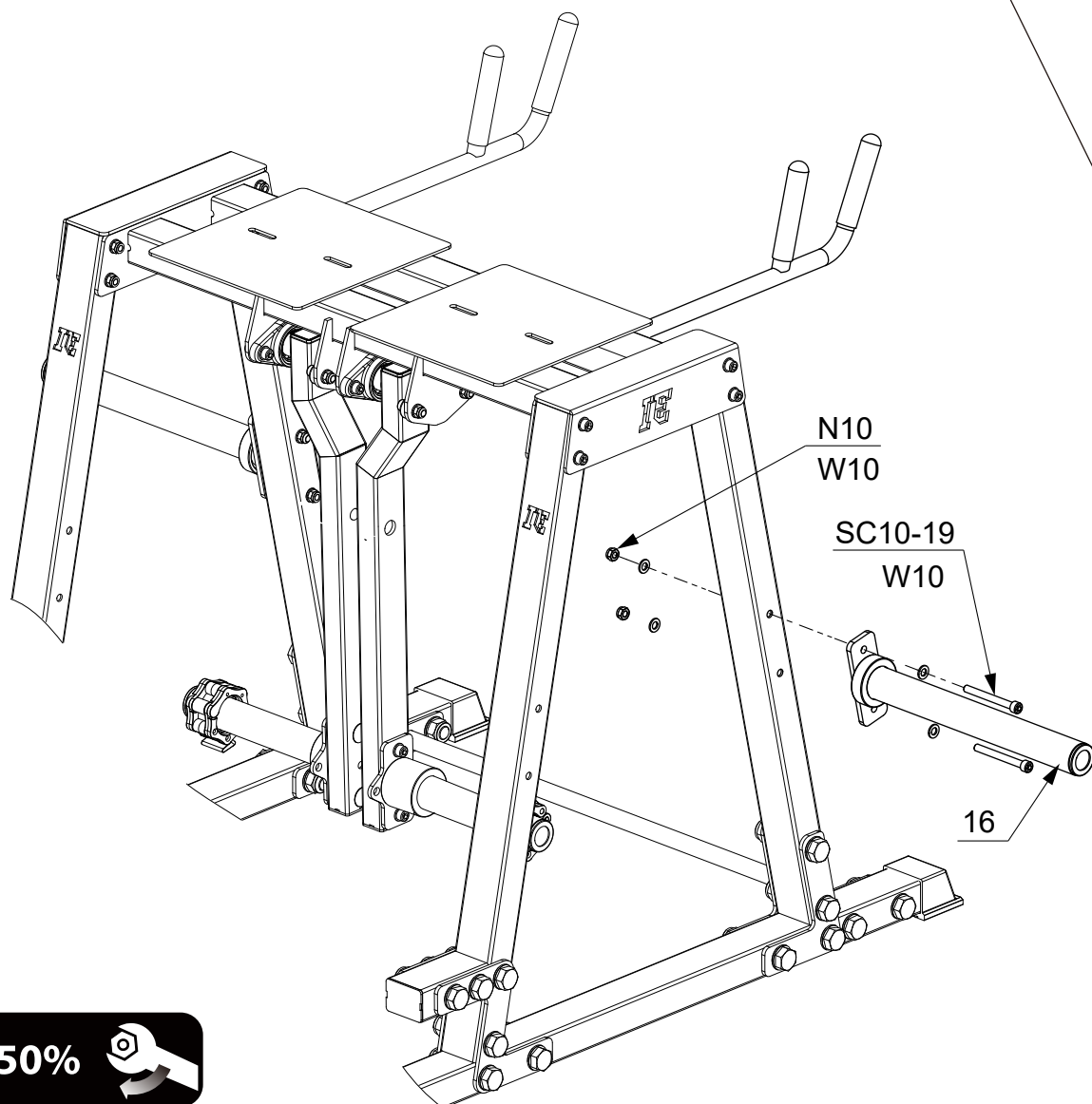


Fixings



SC10-19 4 PCS

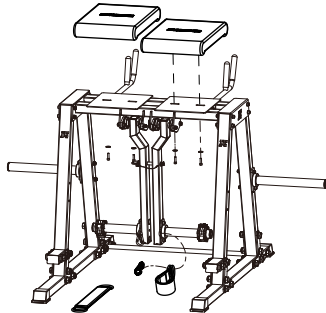
Install The Barbell Holding Tube Assy (#16) On Both Side.



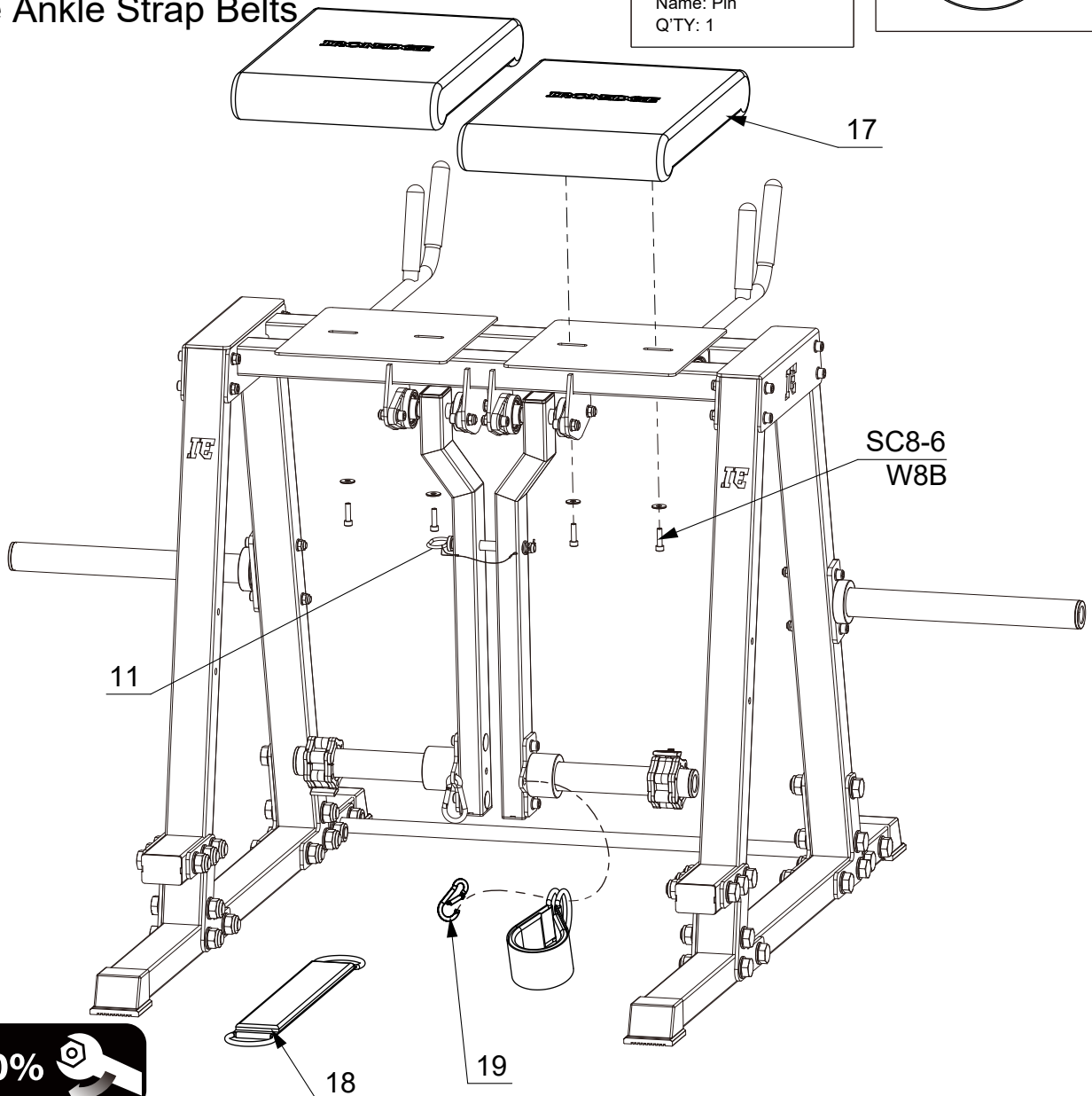
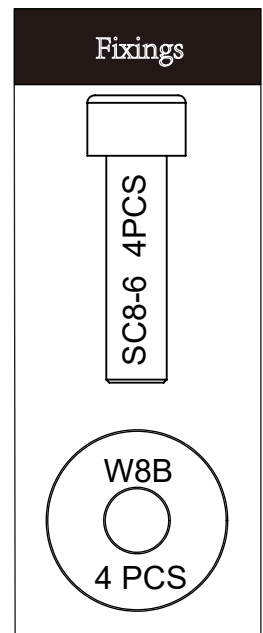
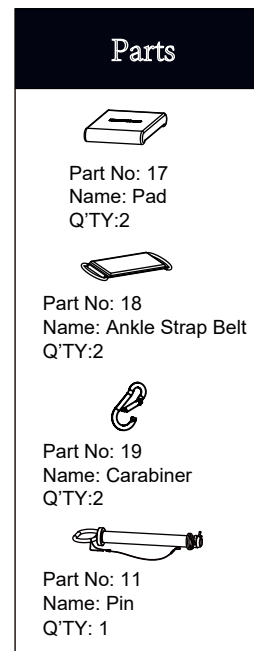
50%



STEP 10



Assemble The Pads And
The Ankle Strap Belts



PARTS LIST

[illegible]