



IRONEDGE.

Dual Arm Double Stack Cable Station Manual

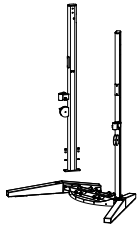
Setup Instructions

 **CAUTION:** Read all precautions and instructions before using this equipment. Save this manual for future reference.

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STEP 1



Install The Vertical Tube Assy(#2)
&(#3) On The Base Frame(# 1)

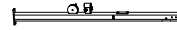
Parts



Part No: 1
Name: Base Frame
Q'TY: 1

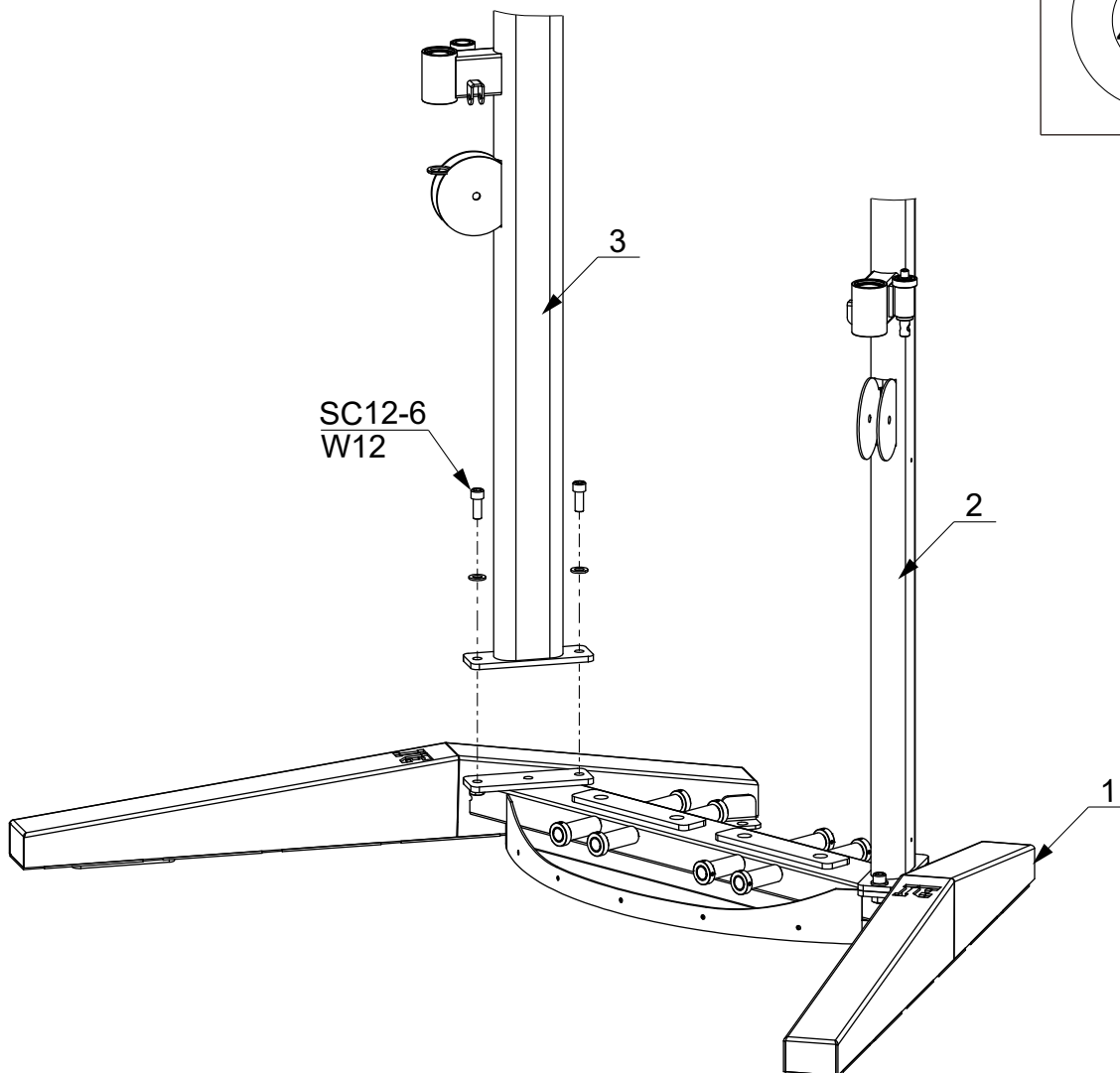
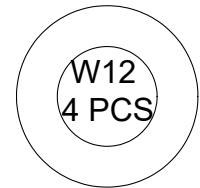
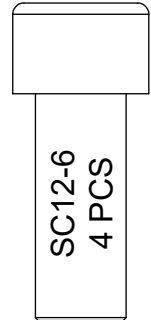


Part No: 2
Name: Vertical Tube 1
Q'TY: 1



Part No: 3
Name: Vertical Tube 2
Q'TY: 1

Fixings



Tools

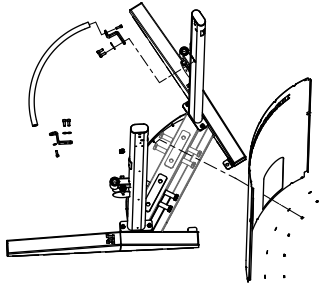


10 mm

50%

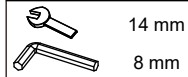


STEP 2



Install The Shield Plate ,
Then The Hand Rail

Tools



14 mm

8 mm

Parts



Part No: 4
Name: Hand rail
Q'TY: 1

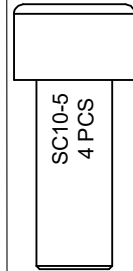


Part No: 5
Name: Z Plate
Q'TY: 2

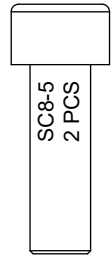


Part No: 6
Name: Front Shield
Plate
Q'TY: 1

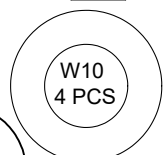
Fixings



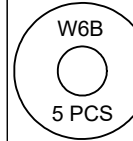
SC10-5
4 PCS



SC8-5
2 PCS



W10
4 PCS

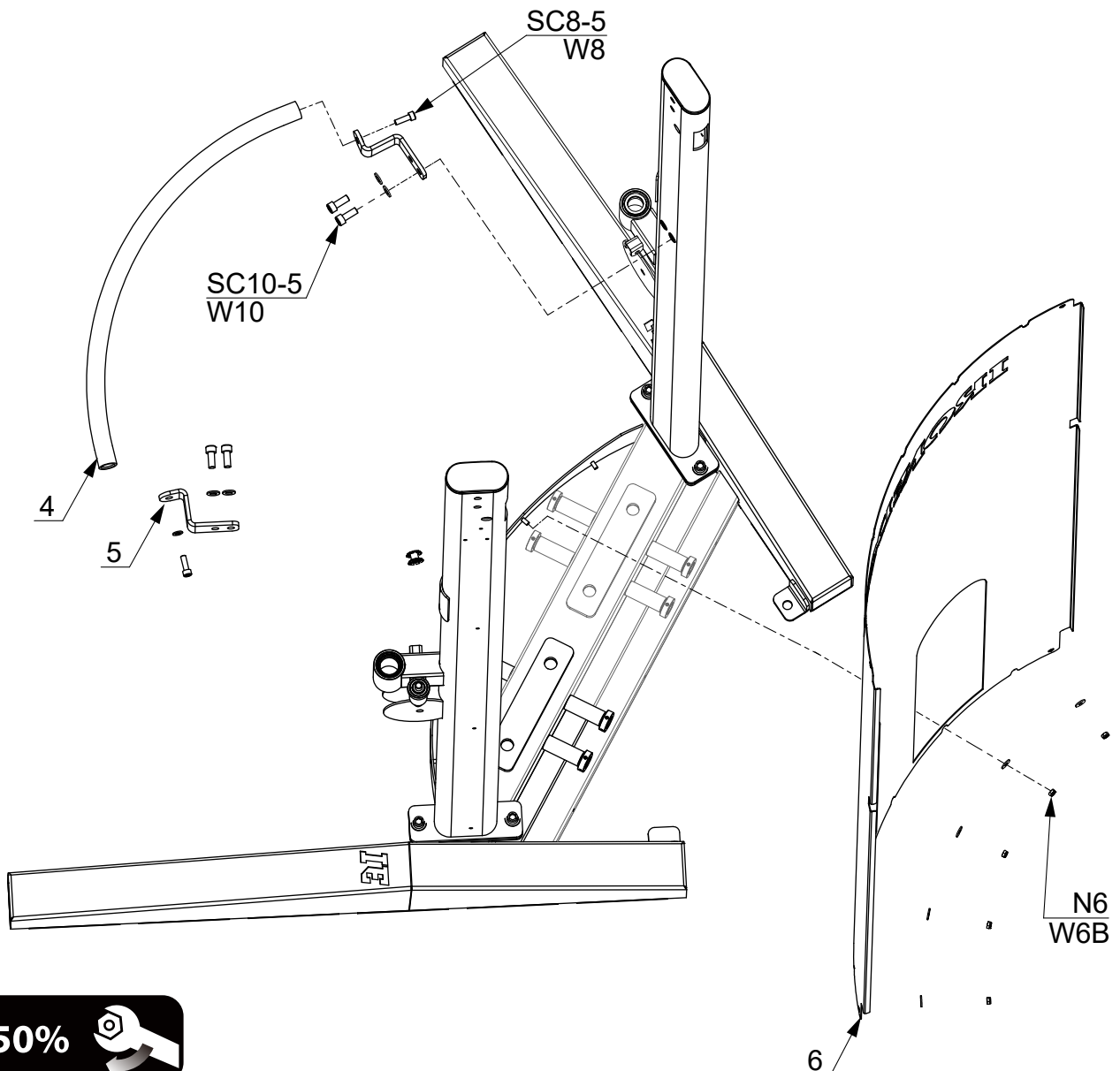


W6B

5 PCS



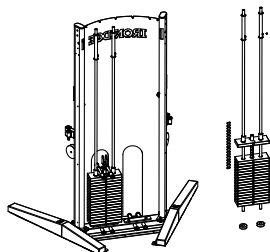
N6
5PCS



50%

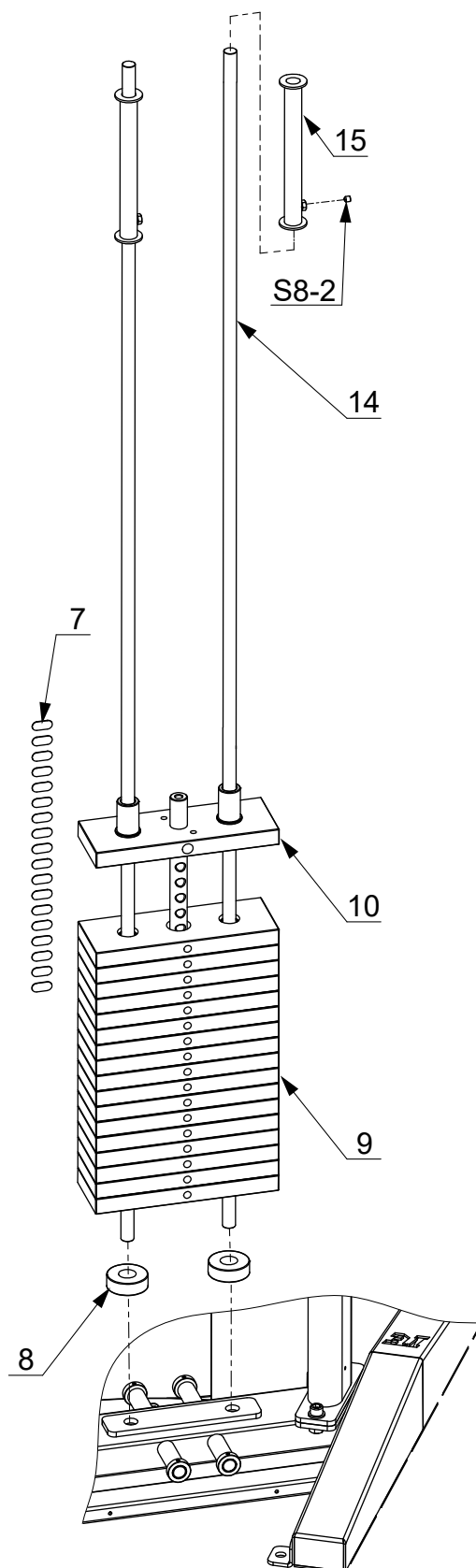


STEP 3



Install The Weight Stack

Note 1:
After attaching weight stack stickers, please assemble the weight stack on the main frame.



Parts

00000000000000000000

Part No: 7
Name:Weight Label
Q'TY:2

 Part No: 8
Name:Rubber Buffer
Q'TY:4

 Part No: 10
Name:Weight Plate Head
Q'TY: 2

 Part No: 14
Name:Guide Rod
Q'TY: 4

 Part No: 15
Name:Limit Tube Assy
Q'TY: 4

Fixings

 Name:Socket Set Screw
M8×8
Q'TY: 4

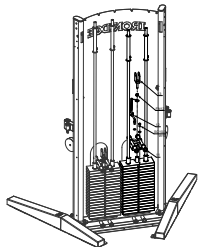
Tools

 4 mm

50%



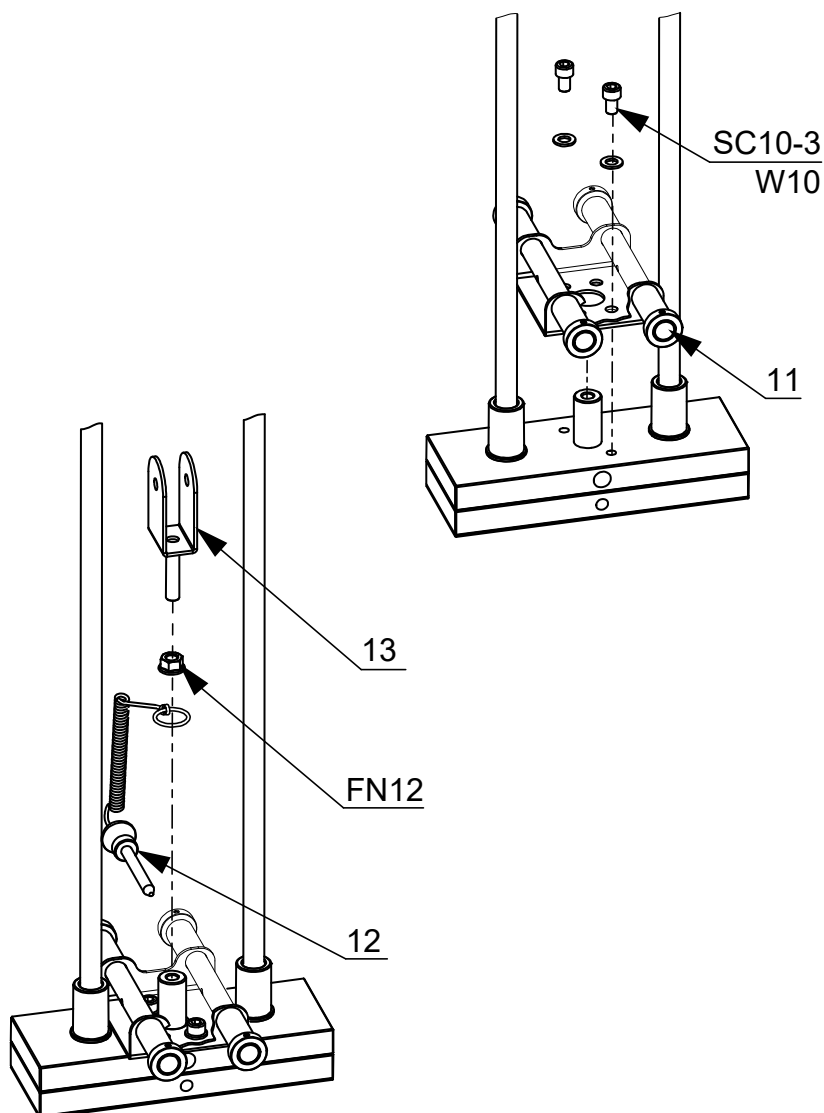
STEP 4



Note 2:

If the movement of the weight stack is not smooth during exercising, please lubricate the guide rods.

Install The Band Rod Assy(11#),The Pin(#12)&The Pulley Brackets(#13)



Parts



Part No: 11
Name: Band Rod Assy
Q'TY: 2



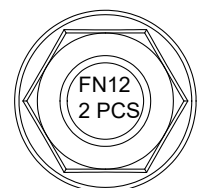
Part No: 12
Name: Weight Pin
Q'TY: 2



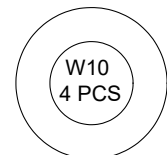
Part No: 13
Name: Pulley Bracket
Q'TY: 2

Fixings

SC10-3
4 PCS



FN12
2 PCS



W10
4 PCS

Tools

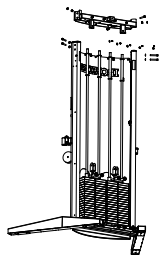


8 mm

50%



STEP 5

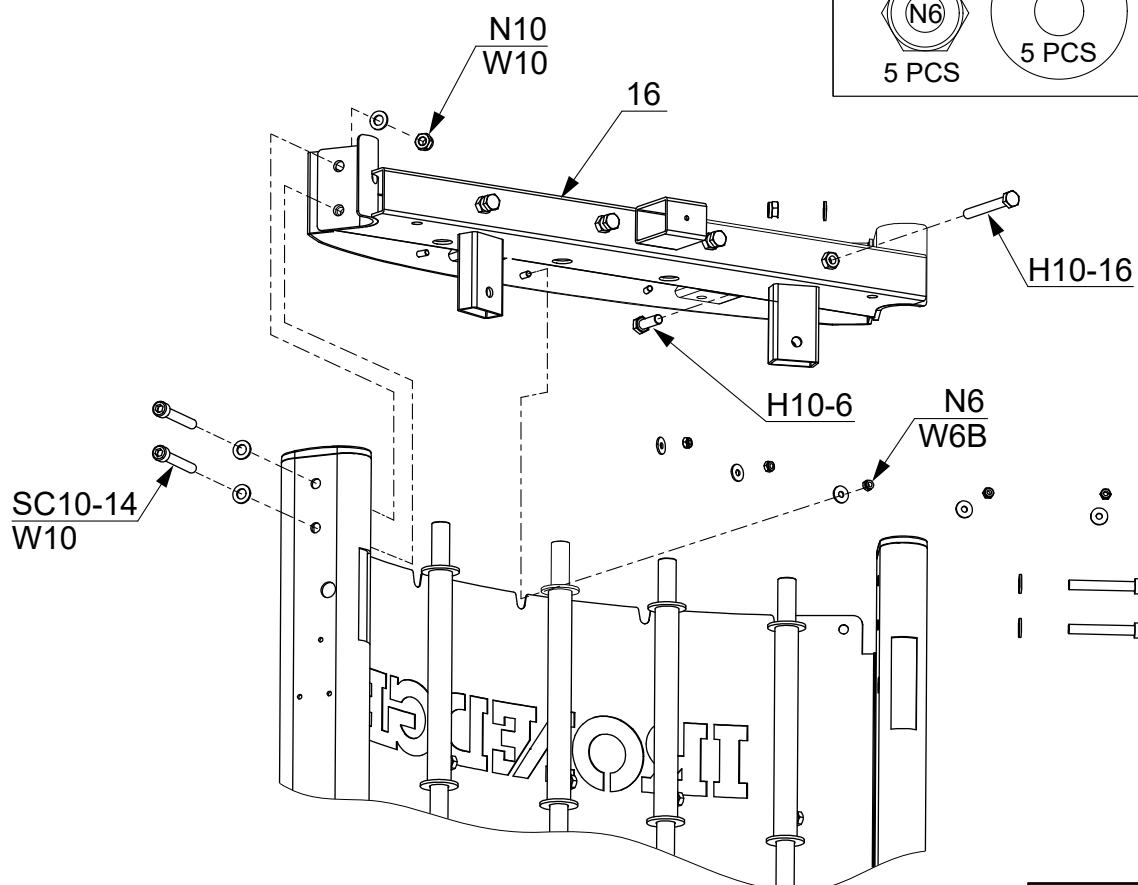
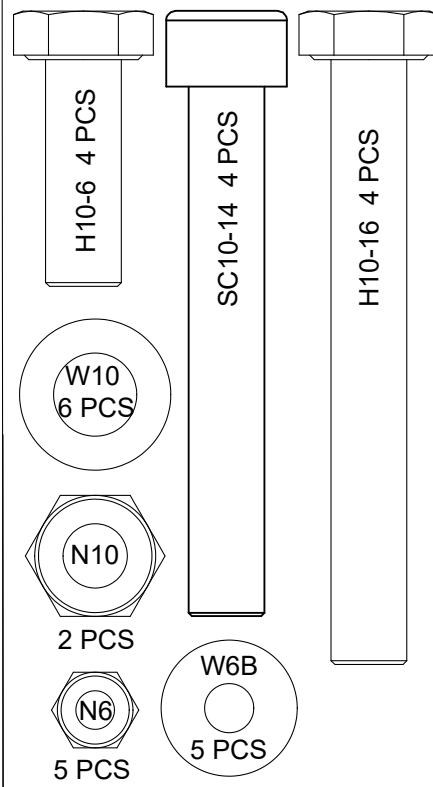


Install The Top Frame(#16)

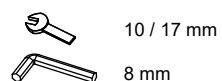
Parts

Part No: 16
Name: Top Frame
Q'TY: 1

Fixings



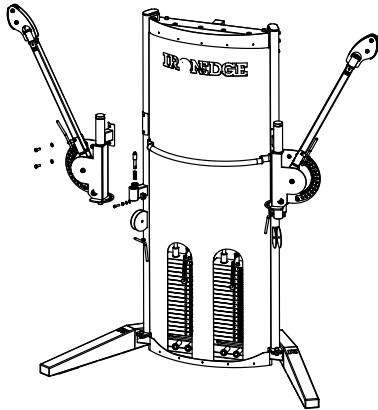
Tools



50%



STEP 6



Parts



Part No: 19
Name: Pin
Q'TY: 2



Part No: 20
Name: Spring
Q'TY: 2



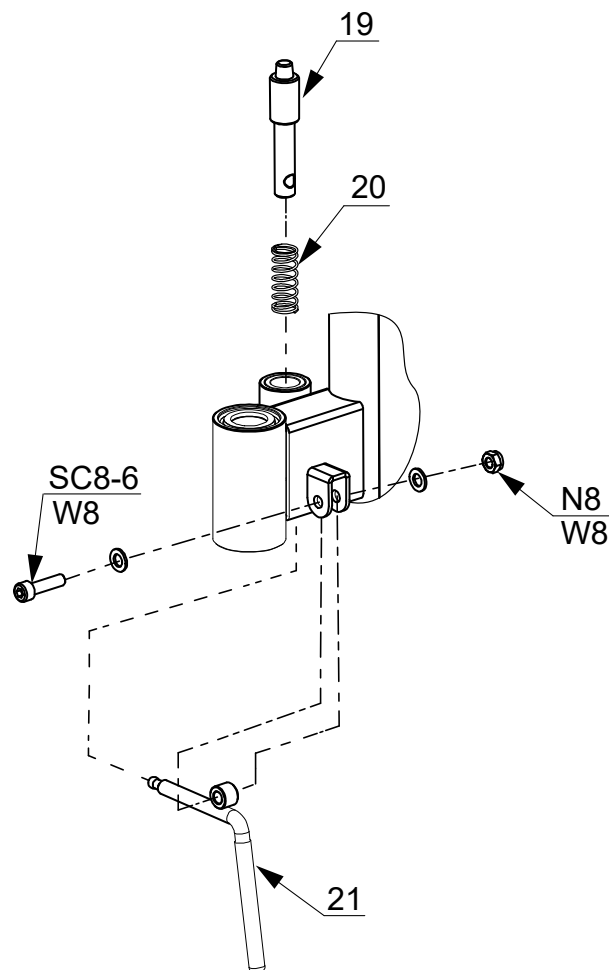
Part No: 21
Name: Handle
Q'TY: 2

Fixings

SC8-6 2 PCS

W8
2PCS

Install The Pins(#19),The Springs(#20) And The Handles(#21).
(The Installation In The Picture Below Is on one side Of The
Equipment,The Installation on The Other Side Is The Same Way.)



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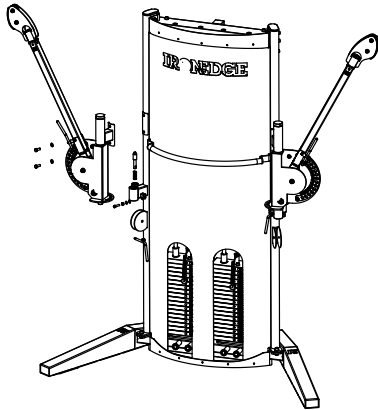


Tools



14 mm
6 mm

STEP 7



Parts

Part No: 17
Name: Arm Assy 1
Q'TY: 1

Part No: 18
Name: Arm Assy 2
Q'TY: 1

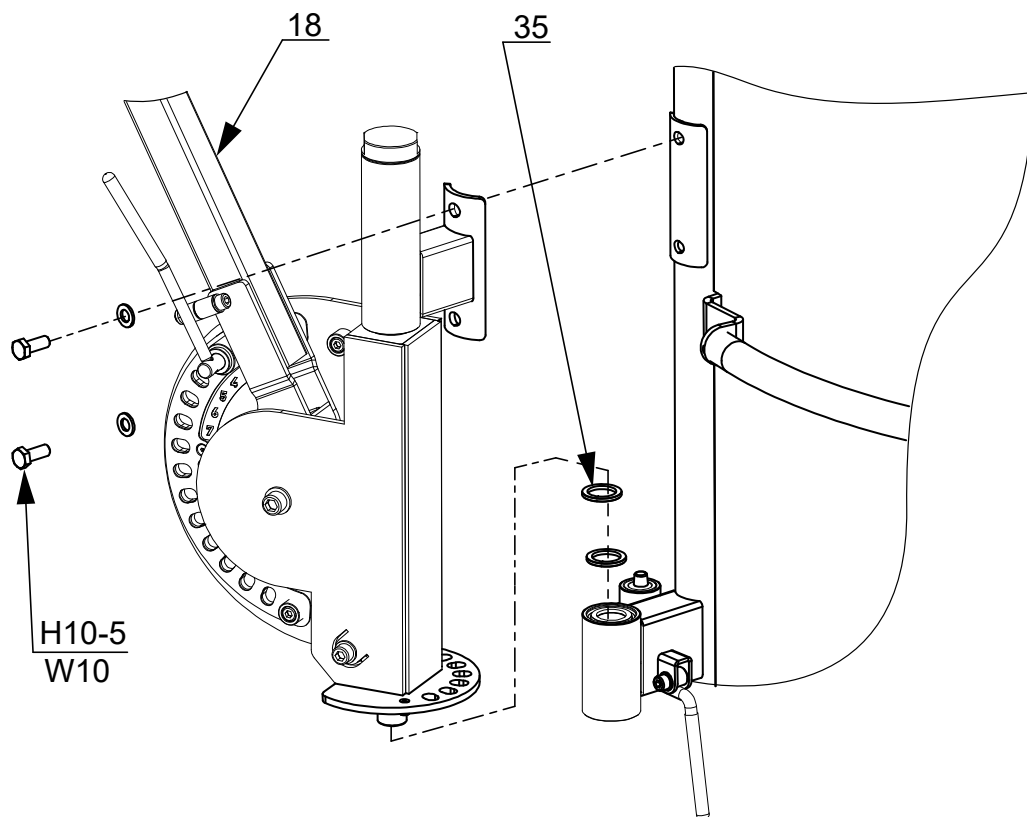
Part No: 35
Name: Washer D25
Q'TY: 4

Fixings

H10-5 4 PCS

W10
4PCS

Install The Both Side Arms(The Arm In The Picture Below Is Part #18,
The Installation Of Part #17 On The Other Side Is The Same Way.)



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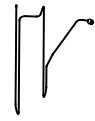
Tools



17 mm

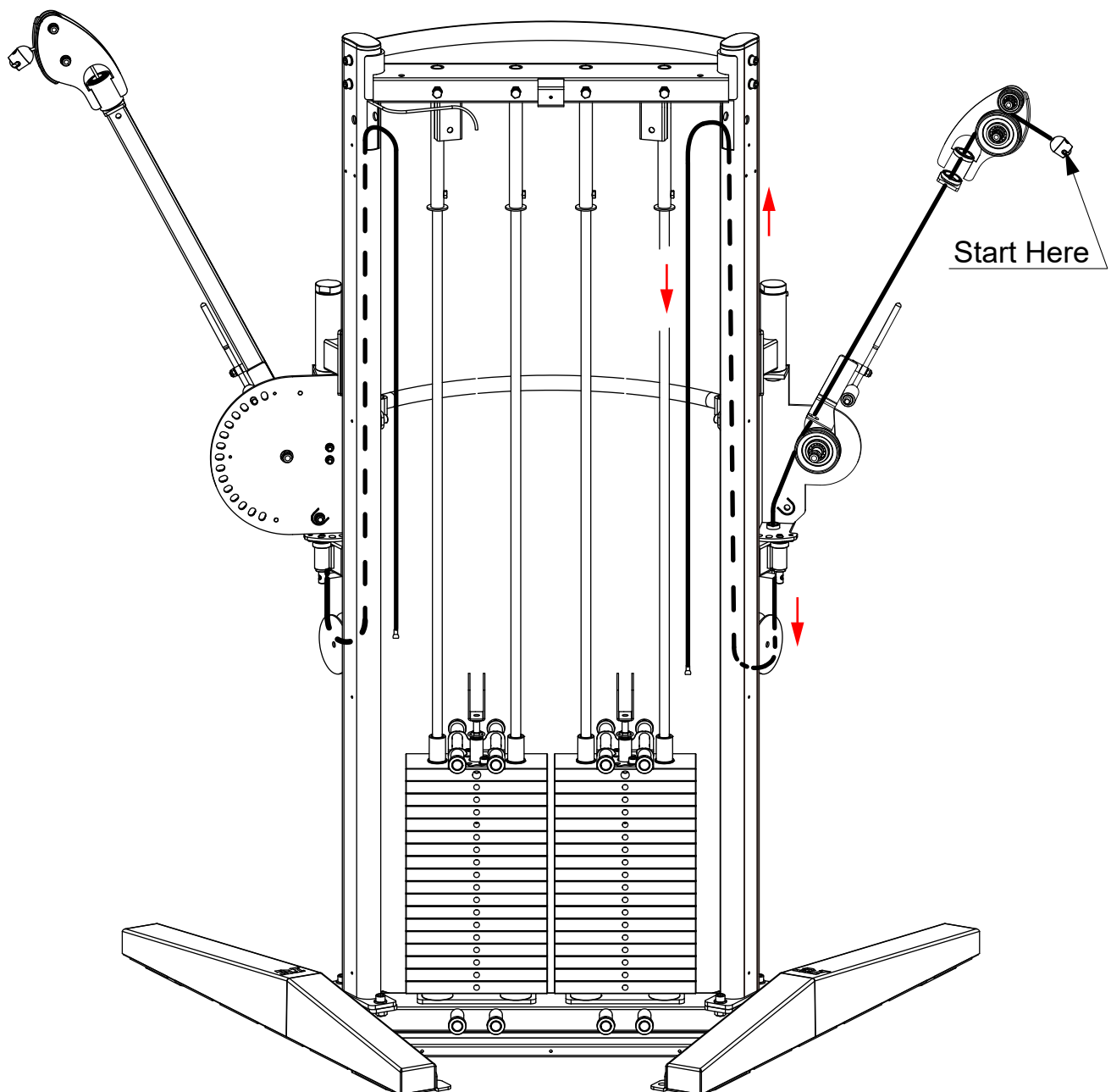
STEP 8

Parts

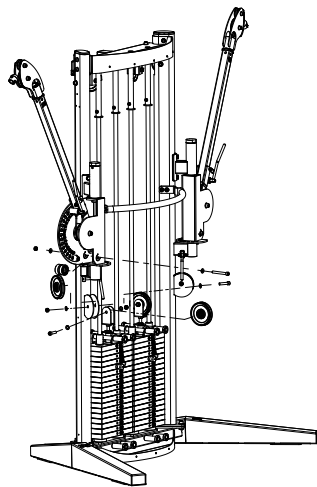


Part No: 32
Name: Cable Group
Q'TY: 2

Put The Cable Going Through
The Main Tube,Then Hold.



STEP 9



Install The (Left) Pulleys
Of The Lower Body

Parts



Part No: 22
Name: 114 Pulley
Q'TY: 2



Part No: 32
Name: Pulley D50L
Q'TY: 1

Tools



17 mm

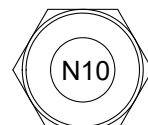


8 mm

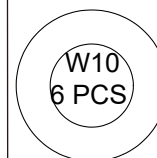
Fixings

SC10-9 2 PCS

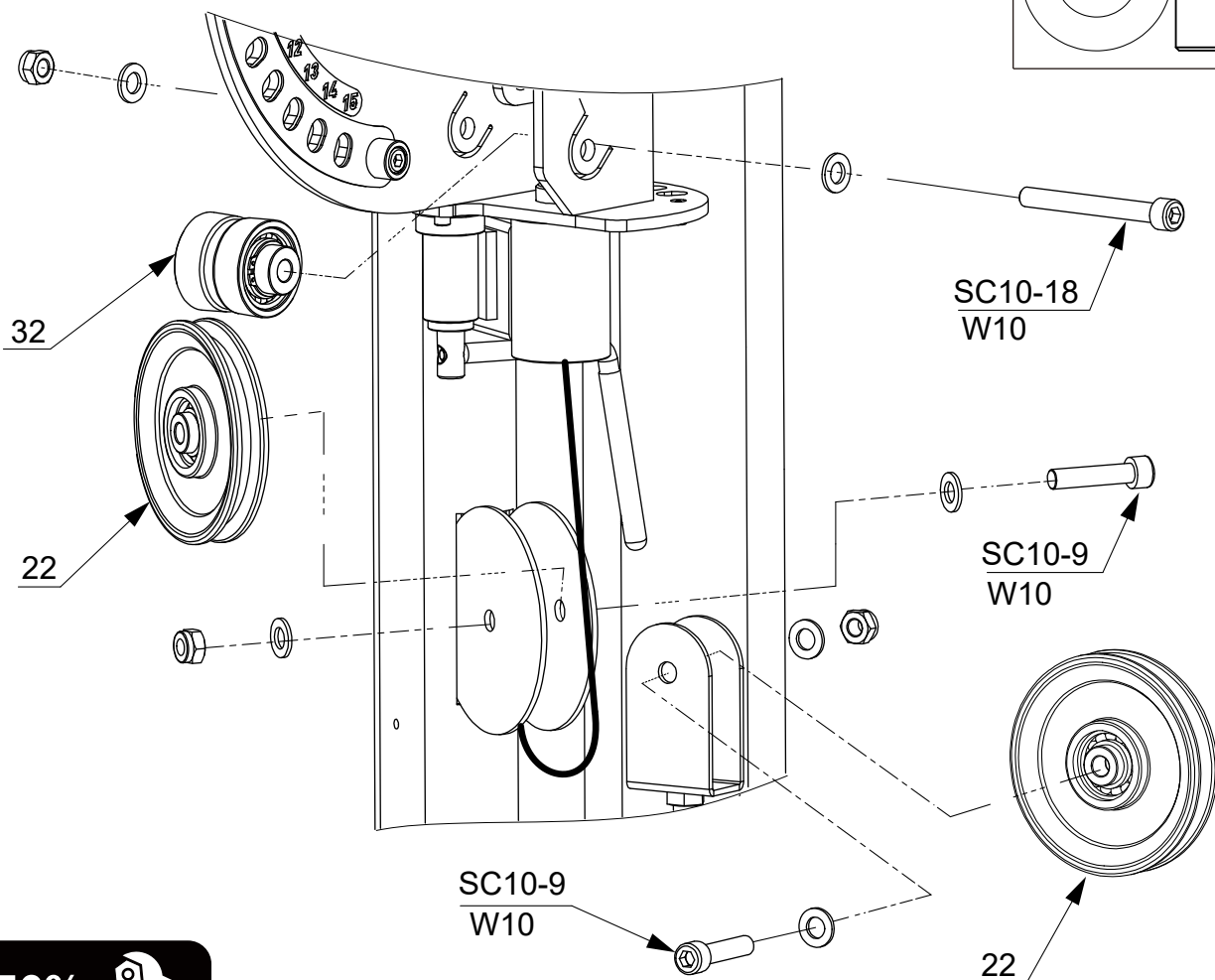
SC10-18 1 PCS



3 PCS



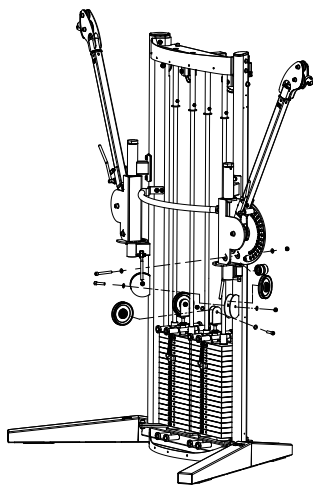
6 PCS



50%



STEP 10



Install The (Right) Pulleys
Of The Lower Body

Parts



Part No: 22
Name: 114 Pulley
Q'TY: 2



Part No: 32
Name: Pulley D50L
Q'TY: 1

Tools



17 mm

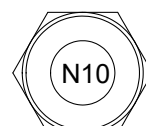


8 mm

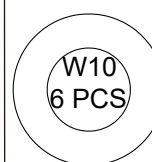
Fixings

SC10-9 2 PCS

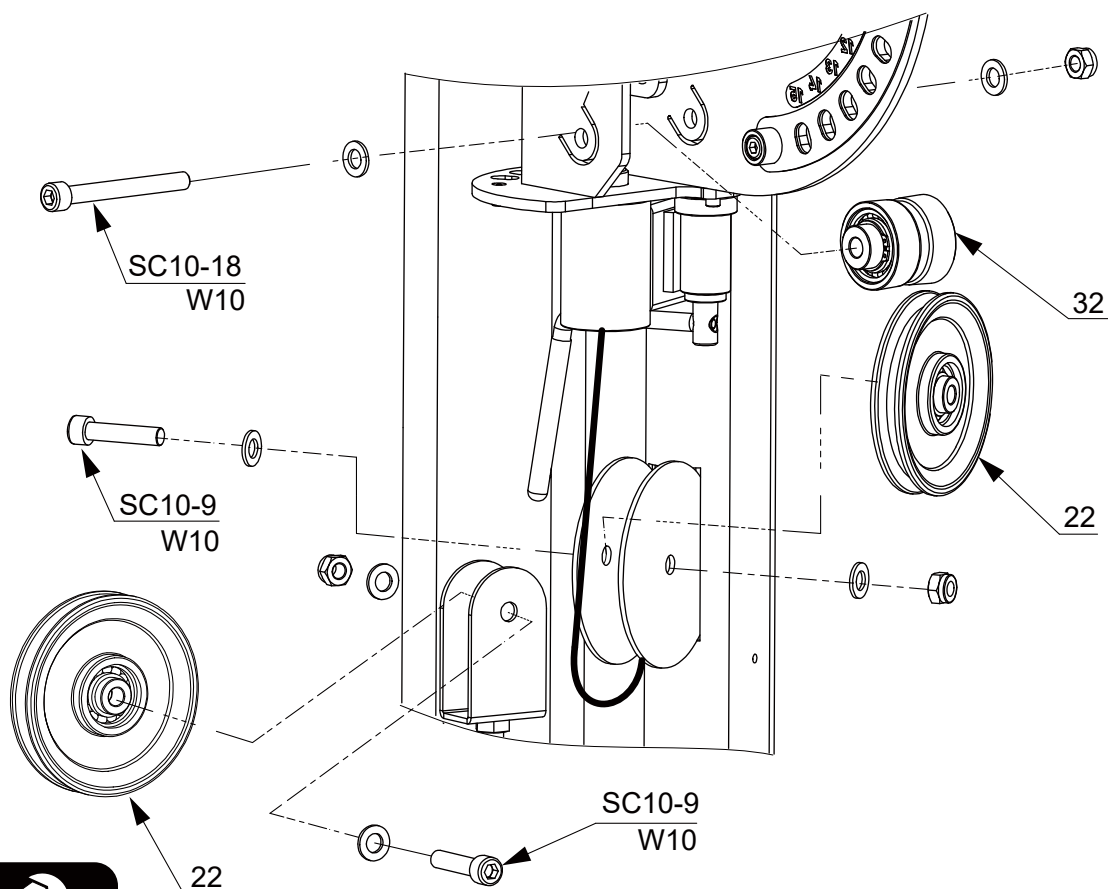
SC10-18 1 PCS



3 PCS



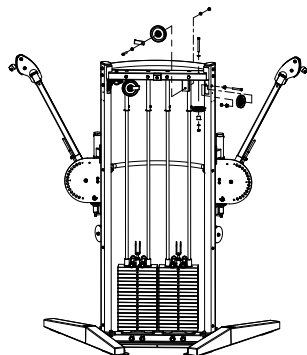
6 PCS



50%

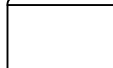
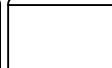
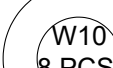
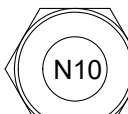


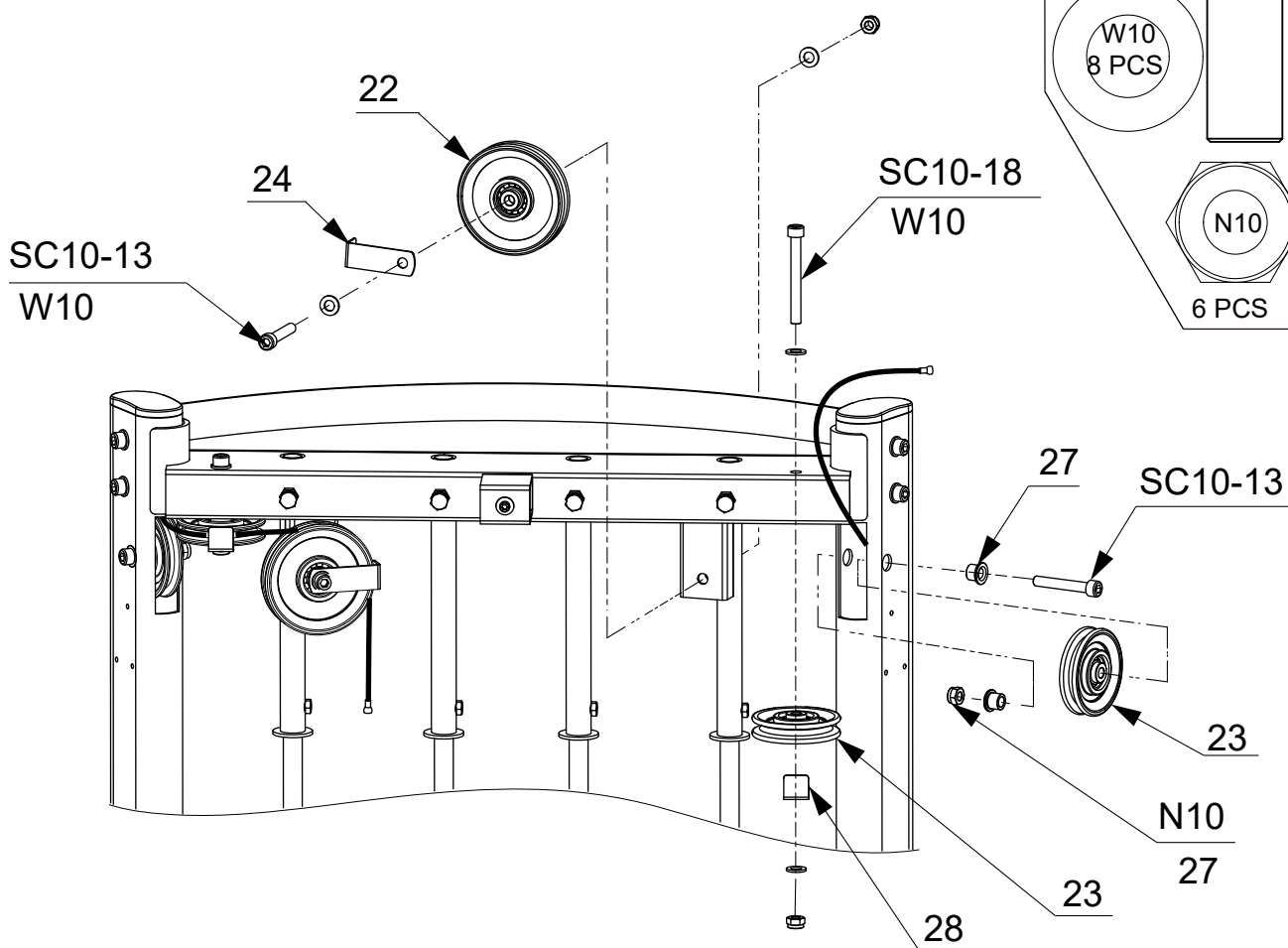
STEP 11



Install The Pulleys
Of The Upper Body

Parts	
	Part No: 22 Name: 114 Pulley Q'TY: 2
	Part No: 23 Name: 89 Pulley Q'TY: 4
	Part No: 24 Name: Limit Plate Q'TY: 2
	Part No: 27 Name: Bushing Q'TY: 4
	Part No: 28 Name: Limit Plate 2 Q'TY: 2

Fixings	
	SC10-13 4 PCS
	SC10-18 2 PCS
	W10 8 PCS
	N10 6 PCS



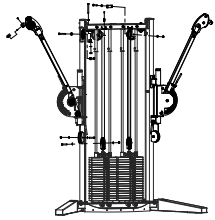
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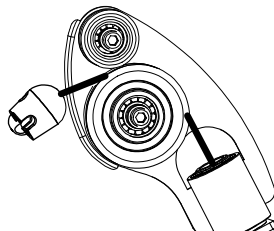
Tools

	17 mm
	8 mm

STEP 12



Complete The Installation Of The Cable.

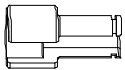


Cable End Here

25

26

Parts

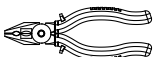


Part No: 25
Name: Cable Clip
Q'TY: 2

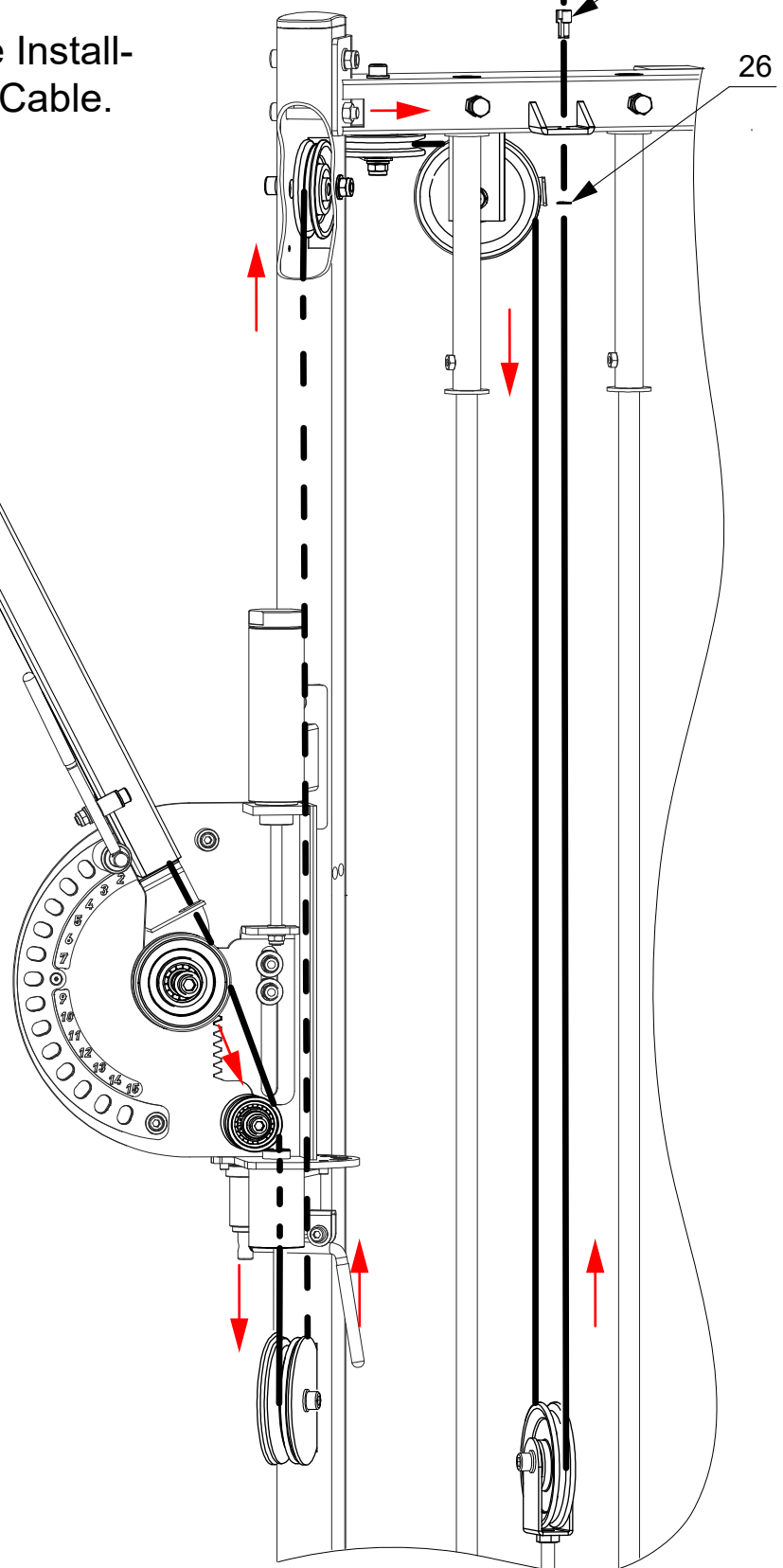


Part No: 26
Name: Circlip
Q'TY: 2

Tools



50%



STEP 13

Tools



5 mm

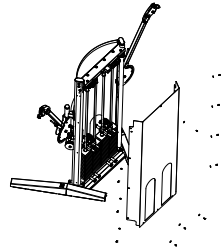
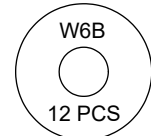
Parts



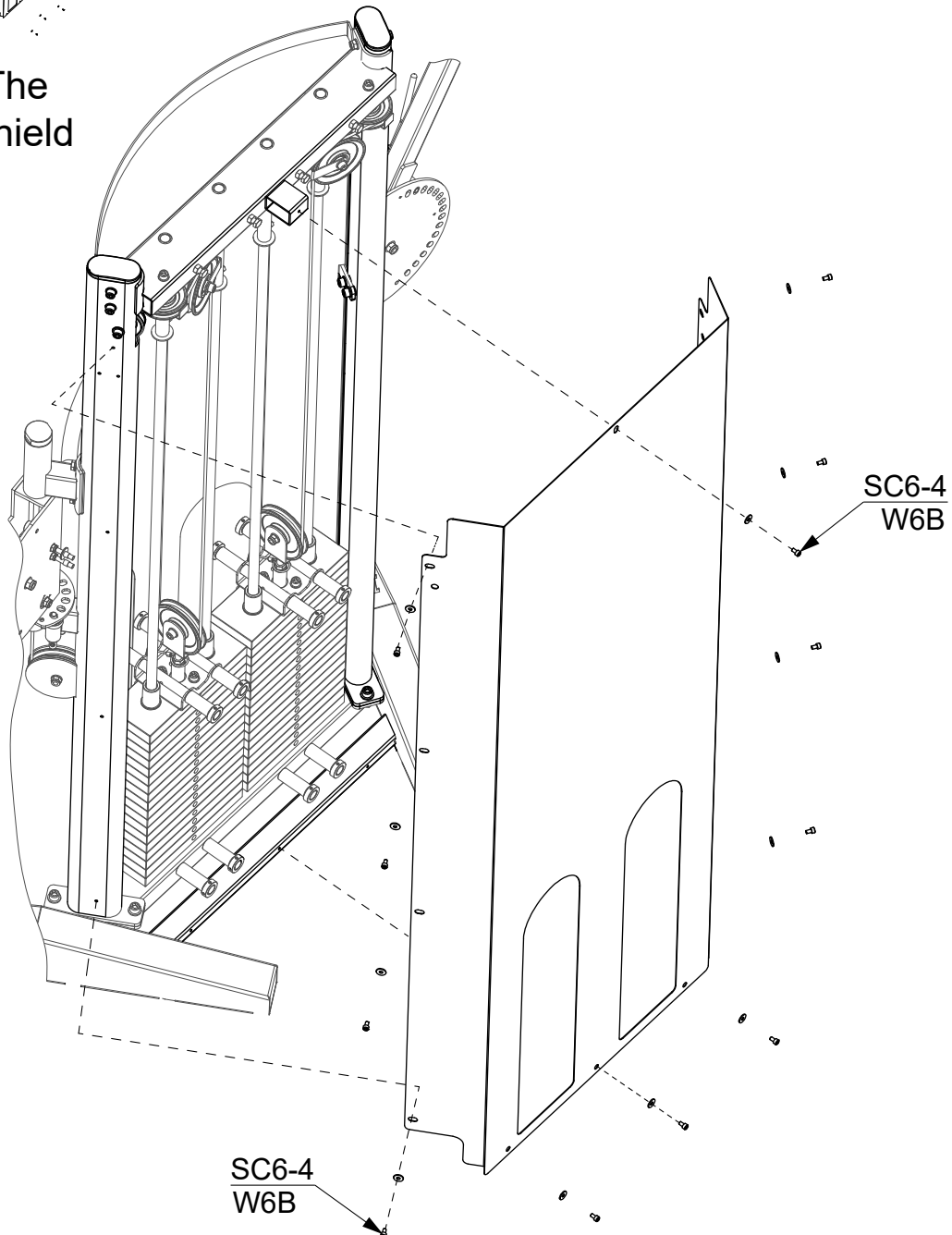
Part No: 29
Name: Back Shield
Q'TY: 1

Fixings

SC6-4
12PCS



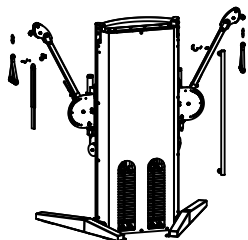
Install The
Back Shield



100%



STEP 14



Accessories

Tools



5 mm

Fixings

SC6-4
4 PCS



W6
4PCS

Parts



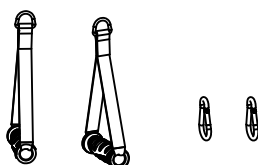
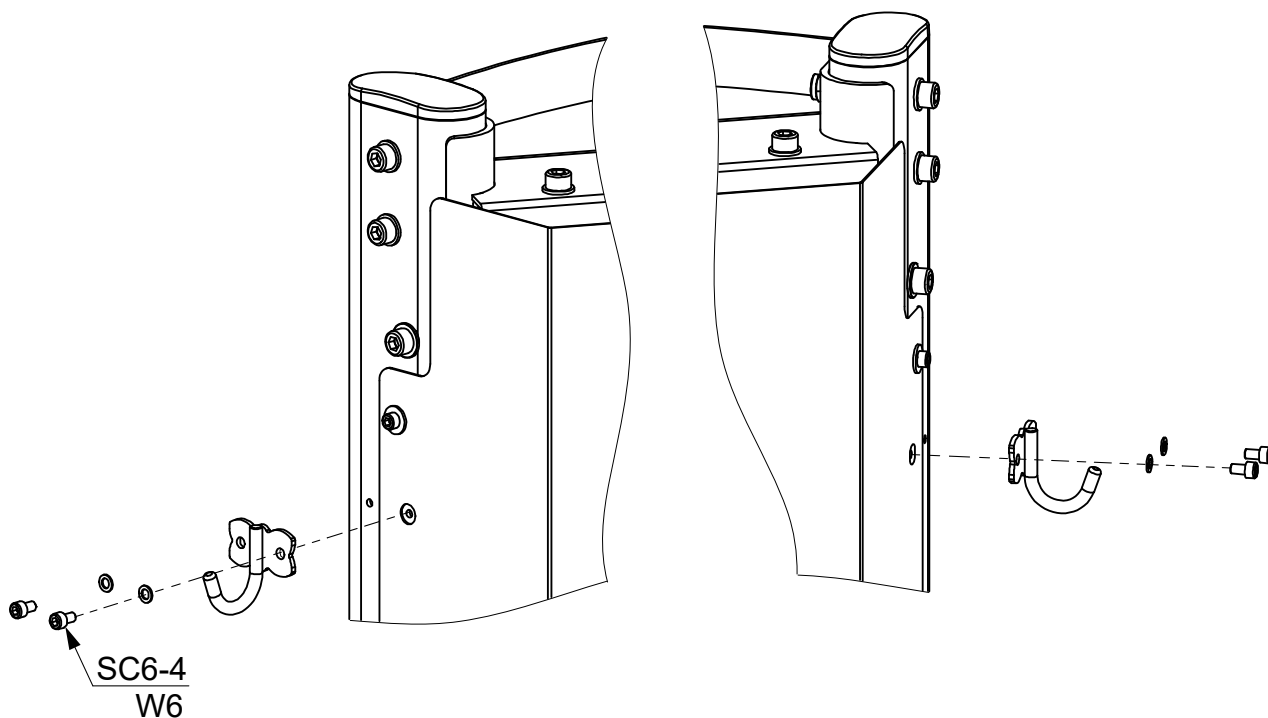
Part No: 30
Name: Hook
Q'TY: 2



Part No: 31
Name: Strap Handle
Q'TY: 2



Part No: 34
Name: Carabiner
Q'TY: 2



100%



PARTS LIST

PART #	DESCRIPTION	QTY
1	Base Frame	1
2	Vertical Tube 1	1
3	Vertical Tube 2	1
4	Hand Rail	1
5	Z Plate	2
6	Front Shield Plate	1
7	Weight Label	2
8	Rubber Buffer	4
9	Weight Plate	34
10	Weight Plate Head	2
11	Hanging Rod Assy	2
12	Weight Pin	2
13	Pulley Bracket	2
14	Guide Rod	4
15	Limit Tube Assy	4
16	Top Frame	1
17	Arm Assy 1	1
18	Arm Assy 2	1
19	Pin	2
20	Spring	2
21	Handle	2
22	114 Pulley	6
23	89 Pulley	4
24	Limit Plate	2
25	Cable Clip	2
26	CirClip	2
27	Bushing	4
28	Limit Plate 2	2
29	Back Shield	1
30	Hook	2
31	Strap Handle	2
32	Cable Group	2
*		
34	Carabiner	2
35	Washer D25	4
W6	Washer 6	4
W6B	Big Washer 6	22
W6B	Big Washer 6	22
W8	Washer 8	2
W10	Washer 10	34
W10	Washer 10	34
W12	Washer 12	4
N6	Nut M6	10
N10	Nut M10	12
S8-2	Socket Set Screw M8x10	4

[illegible]