

Micro Band Pros Instructions & Guidelines

Before using Micro Band Pros

- » Always consult your doctor/physician before commencing any exercise regime. Iron Edge will not be held responsible for any injury or death that occurs while using this product.
- » Check the product for any manufacturing defects prior to use. If defects are evident, do not use the product and contact Iron Edge immediately.
- » Iron Edge recommends seeking assistance from a qualified personal trainer before commencing training.

Warning: Our Micro Band Pros are made of latex. It is recommended that people with latex allergies do not expose their skin to Power Bands.

Product care

- » Keep Power Bands stored in a dry place.
- » Keep the bands out of direct sunlight for prolonged periods
- » Avoid looping bands around abrasive surfaces (use a utility strap to tie off safely).
- » Avoid doing 'Monster Walks' with shoes on. The tread of shoes combined with the friction with the ground will damage the band.
- » Can be hand-washed and dried at a low temperature
- » Do not use any type of chemicals to clean
- » The bands may 'wrinkle' after use, but this will not result in any loss of resistance due to the unique woven fabric/rubber blend
- » **Micro Band Pro's are only made to be stretched 2.5 times their resting length. Any further stretch may cause the bands to deteriorate at a faster rate. If you are able to stretch a Micro Band Pro past 2.5 times resting length it means you are ready to move up in resistance, please select a heavier band**

Three-month Product Warranty

- » **Iron Edge Power Bands are covered by a three-month warranty for manufacturers' defects and faults.**
- » **Iron Edge will exchange/replace/refund to the customers satisfaction all Power Bands affected by manufacturers defects.**
- » **This warranty does not include normal wear and tear and aesthetic appearance.**
- » **This warranty does not include Power Bands that are subjected to abrasive surfaces, over-stretching or misuse.**

Iron Edge No BS Policy

We take our products and services seriously. It's for this reason we offer a hassle-free No BS policy with all our products. If there's ever an issue with our service or product that is outside of normal wear and tear (see our Terms & Conditions), simply let us know and we'll take care of it with a No BS attitude.

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